Here be=
gynneth a good boke of medycynes : cal=led the Treasure of poore Men.

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¶ Howe thou shalt make Aqua vitæ.

NOwe in the begynnynge fyrst I wyl make perfyte to you the composicyō of Aqua vite: the which is called in Englyshe: water of lyfe. Fyrst fyl a pot of olde red wine clere and stronge: and do there in powder of Canel, gyl ofer/ Gynger, Pelicory/ nutmygge, Calyngale/ spigured/ maces, quibyles, granes of Parys, longe peper, blacke syromonten/ comyn/ fenell seede, smallage, Persley, sage/ mynt, rewe/ calamynt, & Horshowe of eche of them lyke moch/ and beware that they dyffer not the weyght of a drame vnder nor aboue at the mooste.

The weyght of a dram is two penshalfpeny: then put all the aboue sayde pouders in the wyne/ and after put them in a styllatorye/ and dystyll it with a softe fyer, and loke that thy styllatorye be well cleymed: so that no fumosite go out, and loke that thy fyer be of good coole/ also receyue thy water out of a Lembecke in a vyoll of glas. This water is called the water of lyfe, and it maye be lykened to bame and put in the stede of bame naturall: for it hath al the natures of kynde of bame and al the vertues therof: & therfore phelosophers do name

of the seconde bame. This water is cleare, & lyghter then the water of roses for it wyll kete aboue all lycours for yf oyle be put aboue this water anone it seketh the grounde. This water kepeth flesshe, and fysshe bothe rawe and sodden in his owne kynde and state. Also as longe as a man is withoutten wemme or rotynge yf he be washed therin, it helpeth greatly agaynst aches in the bones pockes, & soche other. And no maner of thyng that is put therin maye not roote. This water of lyfe drawyth out the swetnesse, and sauoure of all maner of spyces and of all rootes that ben therin wetted or layde. Also it gyues swetnesse to all maner of matters that it is myngled with. And it is good for all maner of colde, syckenes, and namely for the palsye, for quakynge of a mannes lymmes and for serchynge of a mannes synowes, and it is good agaynst the coulde goute, also it maketh an olde man to seme yonge also it strengtheth al maner of spirytes within a mannes body, when that he hath dronken a quantite therof fastynge, also it openeth a mannes luste by the whiche he maye the better heare. It clenseth a mannes syght. And on wodes it freteth awaye the deade flesshe. Also it destroyeth the Canker.

¶ For to make Claret, and Pyment.

Take cloues of gylofer, quybyles, maces, cannell/galyngale, & make powder & temper it with good wyne, and the thyrde parte of hony, and cole it through a clothe. And for nede ye maye make it of good ale.

For

¶ For to tell of syre precyous waters that Ipocras made/and sente them to a quene that some tyme was in Englande.

THe fyrst water is this. Take Fenell, rewe/ beruen endiue, betayne, germander, red rose cappillus beneris, of yche an vnce, & stampe them, and stepe them in whyte wyne, a daye and a nyght and dystylter of them. The water shall departe in thre. The fyrst parte ye shall do in a vyall of glasse by it selfe, & knowe ye of a trueth that this water is as precyous as golde, the seconde as syluer, the thyrd parte as precyous as baume, and kepe these thre partes in glasses. This water shall ye gyue to ryche for Golde, to meane men for syluer, and to poore for baume. This water kepeth the eyes in clerenesse, and voydeth the Muytery, and Sounds and sharpeth the syght.

¶ The seconde water.

To the seconde water, take sall gemme a poũde lappe it in grene docke lefe and laye it in the fyre tyll it be wel rosted and ware whyte, and put it in a glasse agaynst the ayer at nyght & at morowe it shall be turned to whyte water lyke vnto chrystal Kepe this water well in a glasse, and do a droppe in thyne eye, & it shall clense, and sharpe the syght And it is good for the euyll at the harte / and for the Morfewe, & for sauceflieme, and for the canker in the mouth, and for other euyls in the bodye.

¶ The thyrde water.

The thyrde water is as foloweth take the rote

of

of fenell persley monache, endiue betayne an vnce and fyrst washe them wel in lew water, and bray them well, & then stepe them well in whyte wyne a daye and a nyght and then dystyll them in to water. This water is more worthe then bame. It kepeth moche syght and clenseth it of all fylthe, and refrayneth teres, and comforteth the heade, and voydeth the water that cometh by ache in ỹ head.

The fourth water.

¶ The fourth water is this take the seede of persley, ache annys Careawaye Veruayne. Añ. iij. of centory Gallye. r. dr ammes, and beate all these to powder and do it in warme water by a daye and a nyght, and do it in a vessell for to dystyll. This water is a precyous water for all sore eyes, and very good for the helth of mannes bodye or womans.

The fyfth water.

¶ The fyfth water is soche, that with it you may do many merueylous thynges. Take Lymell of syluer Golde Latyn Coper trone stele, and leade. Also take litage of golde and syluer, and take Camamell and columbyne & stepe all togyther in the bryne of a man chylde that is made by a daye and a nyght. The seconde daye in whyte wyne. The thyrde daye in the ioyce of fenell. The fourth daye in the whyte of egges. The fyfth daye in womans mylke that nourysheth a man chylde. The syxte daye in red wyne. The seuenth daye in whyte egges. And vpon the eyght daye blende all these togyther, and dystyll the water of them, and kepe the water in a vessell of golde or syluer.

The vertue of this water is this. Fyrst destroyeth meselry, and doth awaye all maner of sycknes of the eyes, the perle, the scomme of the teres, & the quiters, & draweth agayne into theyr owne kynde the eye lyddes that ben bleared, and it slaketh the ache of the heade. And yf a man drynke it, it kepeth his vysage longe to be yonge. There is no man that can tell halfe the vertues of this watter

The syxte water.

¶ The syxte water is this. Take a stone that the golde smythes do vse in theyr crafte / and do it in the fyre tyll it be red as a roose / and slecke it in a pynte of whyte wyne, and do it so .ix. tymes / and after grynde it, and beate it small, & clense it clene as ye maye: and after set it in the sonne with water dystylled of fenell, verupne, roses, selondyne, and rewe / and a lytle of the water of .z.z. leke: and when ye haue sprynckled it in the water .ix. or ten tymes, do it then in a vyall of glasse, and yet vpon the reuercyō of the water dystyll it vntyll it passe ouer the touche foure or fyue ynches / and when ye wyll take it of, styrre all togyther with a spyce: and then take vp a drop with a fether and do it on thy nale / and it abyde / then it is fyne / and good / then do it in an eye that is rennyng / or in the eye that maye not well se, or anoynte thy heade that aketh therwith, and the temples, and of a trueth of all waters that are, this is moost precious, and helpynge for syght: and for the ache in the heade.

For the clerenes, and the syght of the eyes.

¶ Yf thou wylte lerne to make water Lumbard

the

the whiche is good for sore eyes, take fenyll veruen, roses, selondine, and rewe, of yche two vnces and dystyll water of them, for this water is holsome for all maner of sore eyes. Versus.

Feniculus, rosa, veruena, celodonia, ruta.
Ex istis fit aqua, quæ lumina reddit acuta.

An other for the same.

¶ Gather red snales, and sethe them in clene water, and gader of the greace/ & do it in a vyall, and anoynte ther w̄ thyne eyes early in the mornyng, and late in the euenynge.

Another to clarifye the syght of the eyes.

¶ Take the red roses Smallage, rewe, Veruayne Maydenheere, eufrage, Endyue, Segrene hylworte, red fenell, Celydony, of yche a quarteron, and wasshe them clene, & laye them in good whyte wyne a daye, and a nyght, and then dystyll them/ the fyrst water wyll be lyke golde, the second lyke syluer, and the thyrde lyke baume, this water is for all maner of sore eyes for web perle or hawe.

An other for sore eyes.

¶ Take Smallage, fenell: Rewe, veruayne, Egrymony, Betayne, scabyous auence, houndestonge/ Eufrage, pympernell, red roses, and Sage, dystyl all these togyder, w̄ a lytle vryne of a man chylde, and fyue graynes of frankencense, and droppe the water at nyght in the eyes, and they shall be hole by the grace of god.

To make a water called maydyns mylke.

Take

¶ Take Lytarge in powder, and let it boyle ouer the fyre in vineger, then take it from the fyre, and dystyll a water therof, and kepe it in a vessell then take as moch weyght of sandyuer, and do it in the same maner put it in cleare water, and styll it as thou dyd before the other, but beware that thou dystyll them not in one stylla tory re, for and ye doo the laste water wyll be loste, excepte that they be very well washed. And whē these waters be made yche by him selfe, put a dyroppe of the water to the other water, and it wyll be as it were crudded mylke. This water is good for to make a nesshe skyn, and for to make the vysage fayre, and shynynge, and it is good for all ryfynges, in a mannes yearde, and for the canker, & sawce fleme, and many other syckenesse of the bodye.

An other for the Eyes.

¶ Take Egrimony, the leues of veruen, of fenell of rewe & of roses, & put them in a stylla tory, and syrynge on them good whyte wyne, and dystyll it This water is good for swellynge of a mannes eyes that cometh of colde, & for bleared eyes: also for eyes that be wolynge: Also it is good for the payne of the eyes. It cleareth the syght. And thou wyll that the water be strōger, do to it the leaues of galitrium & another herbe that is called mor-sus galline, that is to saye in englysshe chyckweed it beareth a red floure.

¶ For the payne in a mannes Eye.

Take and dystemper Alume & powder of wyne togyther

togyther, & of they⁊ water put a d⁊op in thyn eye at euen when thou goest to bed, and an other in the mo⁊nynge when thou rysyst.

An other fo⁊ so⁊e eyes.

¶ Take flow⁊es of an hauthoꝛne and flow⁊es of the wythye & make a water, & this water is good fo⁊ the syght in the eye, & fo⁊ the rednes in the eye and fo⁊ b⁊ynnyng gowte & fo⁊ ꝑ eyes that lyghly do water & fo⁊ the webbes in ꝑ eye of mā o⁊ womā

A good water fo⁊ mannes syght.

¶ Take Sage fenell, beruen, Beteny, Egrimony Sanarunde cameb ere, Eufraſye pympernell, ſar ſoyle/ and rewe of all theſe lyke moche and grynde them in a mo⁊ter. After that take powder of alum and a lytle Camfere & myngle them togither with Eurofe, and dyſtyll it, and knowe you of a trueth that this water is p⁊ofytable fo⁊ all euyls of the eyes/ & reſto⁊eth the syght that hath ben almoost loſte by the ſpace of thꝛe yeres.

Water of Coperas.

¶ Take coperas and grynde it to powder, and do a lytle water to, and let it ſtande a daye & a nyght and coole it th⁊ough a clothe/ this water is good fo⁊ the eyes, & fo⁊ the Canker, in the mouthe/ and fo⁊ noli me tangere in the byſage.

Water of Betayne.

¶ The water of Betayne is good fo⁊ ſo⁊e eyes/ & fo⁊ the ache in the heade.

Another water.

¶ Take turmentyll, wayho⁊e, & Meruayne, and waſche thyne eyes therwith.

A good

¶ A goodwater & a precious for to cleere a mannes syght, and to destroye the payne in the eye.

Take the red Rose, and Capillus beneris fell Rewe, Veruayne, Eufrage, Endyue, Betayne calampynt of eche lyke moch so that ye haue vnder al. vi. handfull & let them rest in whyte wyne a daye, and a nyght. The seconde daye distyll it in a stylla torye. The fyrst water that thou doest styll it shall be lyke colour of golde. The seconde of Syluer. The thyrde of Baume. And this water is called the precyous water that is for ladyes.

¶ An other water for sycke eyes.

Take good red wyne and comyn and salte and put it in a pot, and set vpon the pot a Lembecke, and stoppe it fast about with good past, and make a slowe fyer of cole. The fyrst water that is distylled is good for al colde sycknes in the eyes of man or women. The seconde water is good for all maner of hote maladyse of the eyes.

¶ An other for the same.

Take and fyll a pot of thycke dregges of good ale to the thyrde dele, and put therto a handfull of Comyn, and salte, & put a lembecke on thy pot, and stop it about with past, and dystyll a full precyous water for eyes.

¶ Sall Gemma

The water of Sall gemme is good for to clense the fylthe of a mannes eyes: and it is good for the Morfewe, and for saucy flewme. And it is good for stynkyng gōmes, & for the stynke of the arme pyttes of a man. Also take a pounde of Sal Gēme

and wynde it in cole leaues, and do it in the hote asshes, and let it there sethe in his owne kynde tyll it be turned to whytnesse. After that laye it on a marble stoone a daye and a nyght, and that/ that goeth ouer therof, wyll be as syluer coloure. Then take that and kepe it in a glasse, and when nede is do a drop in that eye that is sore.

For all yls of the eyes that are red of bloode.

Take the mylke of a kowe, and anoynte thyne eyes therwith.

For the Dey of the eyes.

¶ Tempre Armynt with hony, and a lytell of the whyte of an egge, and laye it to thyne eyes when thou goest to bed. Also the gall of an hare tempre it with hony, and it is good therfore.

An other medicyne for sore eyes.

Take pure glayre of egges & hony, and armyne well grounde togyther, and do it in the eye with hardes or lynnen. An other for the same.

Take the ioyce of Egrymonie with the whyte of an Ehge, and myngle them togyther in Cotten or in a lynnen cloth, and laye it to thyne eye.

For the hawe in the eye

Take Peper and stampe it to powder, take the marrye of a goose that is olde of the wynges, and myngle it togyther, and do it in a cloute, and bren it to powder, and do therof in the eye,

For them that maye not se, or bleared eyes.

Take Gynger and rubbe it on a whetstone into a fayre basyn, and put therto as moche salte and tempre it in wyne with the ioyce of Eufrage, and

let

let it stande a nyght and a daye, and then take the rynde, or the clerenes that houeth aboue, and put it in a glasse, and with a fether when thou goest to bed, or as ofte as thou lyest the downe to slepe anoynt therwith thyne eye lyddes within & without, and thou shall be hole.

For sore eyes, an oyntment proued.

Take byneger and put it in a clene basen, then take the floures of Plumbes, and medle them together, and let it stand thre dayes/& thre nyghtes couered/then put it in a boxe, and anoynte thyne eyes within, and without.

An other for the same.

Take rawe creame made of Ewes mylke & put it abrode on the botom of a fayre scowred basyn/ then take a bessell that hath stande with ale. bi. or bij. dayes/and powre out the ale, and wheline the pot or bessell ouer the basyn all a nyght/ then put it in a boxe tyll thou nede it/for this is good.

An other for the same.

Take whyte Synger made in powders, as fyne as may be, and put it in a fayre basyn that is fayre Then take Eufrage and a lytell salte, and stampe them togyther, and put the iuyce to the synger/ and let it stande all a nyght: & on the morow take of the ryme aboue/ & put it in a glasse, & anoynte thy eye lyddes therwith when thou goest to bed.

An other for the same.

Take red Snales that be without houses, and sethe them in water: and after that bren them on a hote tyle stone/and make powder of them: and

medle the powder with the fat that houeth aboue the water, and when thou goest to bedde anoynt therwith thyne eye lyddes.

¶ For bleared eyes,

Take the ioyce of wormwood and medle it with water made of the whyte of an egge, & put it to thyn eyes & it shal put the blode, & akynge awaye.

¶ An other for the same.

Take Celodony, Rewe, Corsyll, Plantayne, Annys and moch of fenell as of the all other herbes, and stampe them, and put them in a new earthen potte, and let it stande two dayes: and two nyghtes, and then strayne it & anoynt thyne eyes in the euenynge, and in the morynge.

¶ For appn or a webbe in the eye.

Take an egge and rost it harde and take the whyte all hote, and put in as moche whyte coporas as a peasse and all hoote wrynge it through a cloth and lette it droppe in to thyne eye one good droppe, and this forsonge, and olde is proued a good medecyne.

¶ For eyes that be almoost blynde.

Take the ioyce of Houndestonge or the ioyce of Centory or of the ioyce of Sanycle or of the ioyce of Solsequium and put any of these in thyne eyes that be almoost blynde and it shall helpe them.

¶ For the eyes that be blasted.

Take toty and Calampnt & washe them with whyte wyne. iv. tymes, & then grynde them vpon a stone with some of the whyte wyne, and whyte goose greece, and Capons greece, and put therof in

thyne

thyne eye early, & late for this hath ben proued.

¶ For the eyes that be full of ache, and red.

Take whyte gynger, and rub it on a whetstone in to a basyn and do therto as moche whyte salte, and grynde them well togyther with a moloure stoone, and when it is small grounde, do therto whyte wyne, and tempre them well togyther and let it stande so all a daye, and at nyght then poure out the thynne of that, that standeth aboue and do it in a byall and when the seke' goeth to bed anoynt well the eyes with a clene fether, and they shall be hole, for this is proued.

¶ For eyes that do renne.

Take a red cole leafe & anoynte it with the whyte of an egge beaten well, and laye it to thyne eyes when thou goest to bed, & let it lye all nyght, and do so often, & it shall helpe the by the grace of god

For the eyes.

Take Celõdyne and stampe it, & temper it with fayre water, and drynke it thre dayes, and it shall heale thy heade & thyne eyes shall be dyght euer after. ¶ For the perle in the eye at the fyrst.

Take whyte Gynger that is good and fyne and rub it on a whetstone of Norwaye in to a saucer of peuder, and put therto whyte wyne: but let it be muddy of the Gynger & with a fether do it in to thyne eyes, & let the seke vse this tyl he be hole

¶ A precious water for eyes.

Take Fenell, Rewe, Celydony, Veruayne, Eufrage, Clarray, Rosen or the water of Rosen and stampe them by the space of a naturall daye in

whyte wyne, and then put all togyder into a Lembycke/and distyll a water therof. This is called the water of mayster Peter of Spayne, it clarifyeth and conforteth the eyes greatly.

For ache in the eyes.

Galian teacheth vs to take Ceruce well wasshen viij. drams, sarcacoll thre drams: Amidum thre drams dragagaci. i. dram: Opiū. i. dram & an halfe pouder them well & sotelly/& make them softe on a tyle stone with rayne water & make smal trocykes of them, & when it is nedeful minyster it for ẏ

The resolucyon of humidites of eyes.

In the ende of Obtalmia men of that coūtre do vse this water: for it resolueth & dryeth ẏ straūge humidityes that fal in the eyes. Take tutte reparate/calamyne & .xv. drams of cloues: i. dram of Hony combe with the hony & that shall be made to pouder: pouder is sotelly, & put them al in two drams of whyte wyne/& halfe a quarterō of rose water & Cāfere a dram: coole them & sotelly make a coler therof.

¶ The powder of mayster Peter/de villa noua.

This pouder dryeth teres, & rectifyeth rednes of the eyes, & it was made for bisshop Johñ. Take thutie reperate one dram Antimyne. i. dram and an halfe/Mariorie/perelesse two drams, flowre of red Corall. i. dram & halfe rawe sylke & namely of the Peroke of the sylke worme cut it as small as it may be halfe a dram & make as sotyl a pouder as may be made therof, & kepe it l a boxe of metall

This

Of pouder called Bonauenture

This pouder is good for all maner of spottes in the eyes: take a dram of suger candy thutie repate halfe a dram/pouder them & passe them with water of roses, & sparkle them abrode in a balyn, and reuerseth the balyn vpō the fume of lignū aloes: and of frankencence and drye it and pouder it sotelly & kepe it in a boxe of bras or pewder, & put it in the eyes with a pensell of Sylu er.

For redneſſe of eyes and teres

Guydo bled to take a dram of Thutie reperate Aloenatorem halfe a dramme. Camfer. i. dramme water of Rosen a pounde and a halfe wyne of pomgarnade halfe a pounde that shalbe poudred, pouder it sotelly and medle it with the other / & shake it vpon hote cooles with a lytell boylynge / then coole it: and kepe it.

A precyous pouder for a webbe in the eye.

Take two drammes of thutie reparate and of Sandragon. i. dramme/of suger, one dramme and braye them well togyther tyll it be ryght smale & take that pouder, and casse it in to the eye without any peryll a lytle at ones for this medicyne is proued.

An other souerayne medicyne for the eyes.

Take Celodone/Egrymonye, Meruayne, Endyue. Aā. M. i. and of strawberis a good dyshfull and red fenell almoche as of all the other, stepe all these togyther in whyte wyne and then styll it in a styllatorye and put it into a glasse and take therof when nede is.

take

¶ An other for the eyes.

Take a stone that is called Petra calaminaris, and a stone that is called Thutie & then loke that thou haue fyne Oley & quarte, and put it in a pece of siluer or Peuder, & do therto thre peny weyght of Camfere, and then take the stones & laye them on a newe tylestone, and bren them in the fyre. iy tymes quenche them in the wyne with the Camfere, and so shall the Camfere, be gotten out into the wyne, and then loke thou haue a marble stone and a molour & grynde Petra calaminaris, and Thutie theron smale and put it to the Oley that the same stone was quenched in, & se it be thynne, and after put the water in to a glasse, and kepe it, and when thou shalte occuppe it, shake the glasse tyll it be thycke, and let the man or woman that is dyseased with perle or webbe or any other dysease that is curable, let the pacyent lye vpryght, and put in his eye a drop and let hym lye for the space that one maye go a myle, and kepe hym well from quesy meates, and drynkes, and by the grace of god he shall be hoole. Take out of the Camfere, out of the Oley when the stoones haue ben quenched. xi. tymes therin, and kepe it for it wyll serue for other salues.

¶ An other for the eyes.

Drynke plope, & oculus Christy tempred with stale ale, and it wyll destroye it in the begynnyng and suffre it not to ware.

An other yf the eye be hurte with thorne, or stumble or other thynge.

Stampe Mouſere and drynke the ioyce therof & lay the dreſſes vpon the eye and ſtampe egrimony and laye it in the hynder parte there agayne.

¶ For the web in the eye.

Grounde pue deſtroyeth the webbe in the eye well, and ſoberly, and it be put in ones a daye it wyll deſtroye it.

¶ An other for ſore eyes.

Take Cétory and make therof a lectuary with hony, and let it be well thycked, & ſoo eate therof It is good for the ſtomacke, & it wyll make a man to haue a good talent to his meate. Yf Centory be ſtamped, and tempered vp with Hony, it is ryght good for ſore eyes,

An other for ſore eyes.

Galyen ſayeth yf thou take Violettes Myrr and Safron and make of them a plaſter and laye it to thy ſore eyes yf they be greate or ſwollen it ſhall eaſe the ache and ſwellynge.

¶ An other for maladyes in the eyes.

The water of Fenell, is good for the maladyes in the eyes.

¶ An other for the ordure of the eyes.

The ioyce of the rote of fenell medled with hony doth awaye all maner of ordure of eyes.

The roote is good fyr the dropſye. And the ſede is good for olde men to clarifye theyr ſyght. And the ioyce therof deſtroeth lechery,

A ſouerayne medecyne that helpeth a mannes ſyght, and purgeth and clarifieth his eyes be they neuer ſo bleared,

Fyrst thou shalt take a good quantitye of houseleke, and stampe her in a morter/ and wrynge out the ioyce cleue, and put it in a brode vessell a day/ & a nyght tyll it be cleare, and then powre out the cleare fro the thycke. Then take .xx. egges, & sethe them as harde as ye maye. Then cleue yche egge as hote as ye maye, and take awaye the yolke of euery egge and set it vp ryght all hote as it were in the whyte of the egge: with ỳ yolke in the shell in wheate bran, and fyll it full of the sayde water of houseleke, and to serue al the egges, whyles the water lastes, and let them stande so a daye, and a nyght or at the lest/ a daye and put it in vyals. Then take the sayde water, and put in thyne eyes or washe them with a clothe in this water early and late. Also take a culuer, and let it blede on the ryght wayne vnder the wynge and anoynt thyne eyes with the blode, .xx. dayes & .xx. nyghtes/ & more yf it be nede, for this medycyne hathe ben proued many tymes.

For lettynge of bloode to saue a mannes syght.

Who that letteth them bloode on the .xviij. day of March on the ryght arme. And on the .xi. daye of Aprill on the lefte arme, they shall neuer be blynde for this hath ben proued.

For lettynge of blode there be thre perylous dayes in the yeare.

There ben thre dayes in the yeare in the which no man shulde let hym bloode, neyther for infyrmytyes nor yet none other euyls nor these dayes

to

to take no drynkes though they be medicynable. These ben the dayes folowynge. The last daye of Aprill: the fyrst mondaye of August. And the laste mondaye of Decembre. These thre dayes be forbydden. for then ben all the vaynes full of bloode of euerye man. And therfore yf a man or woman be letten bloode on these dayes, they shal dye within xb. dayes. And ye take any medicyne, in the aboue sayde dayes for any maladye, you shall dye shortly after. Also yf ye eate any goose flesche in the aboue sayde dayes you shall dye within. xb. dayes after. or els be mesell.

¶ Thre good dayes.

Thre other good dayes there be, to be let blood in for the feuer, who that letteth hym bloode on these thre dayes he shall haue no Feuer.

That is to saye, the. xb. daye in the endynge of May. The. xbiij. day in the begynnyng of marche And the fourth daye in the endynge of May who that letteth hym blood on the. xbii. daye of march he shall haue no Feuer ne tisyke, who that letteth hym bloode on the thyrde daye of Aprill he shall haue no heade ache. Who that letteth hym blood on the, xbij. daye of Deeember, or September, or on saynt Lambertes daye, he shall not fall in no dropsye, Fransy nor Tysyke, who that letteth hym bloode on the fourth mondaye of July, or on the. ij mondaye of October, he shall dye haskely, and all these hath ben proued many tymes.

How

Here folowyth all dyseases of the head that be within, as aches, mygrames with many other necessary, and profytable.

NOwe wyll I shewe you of the paynes in the heade. And fyrste for the ache in the heade, sethe Veruayne, and wormwod, and washe thy heade with some of the water. Or take lye of Veruayne, Betayne, Camamell, Sothernwood, & washe thy head therwith thre tymes in a weke.

Another for the same.

Sethe Rewe, and fenell togyther, and washe thy head therwith, and make a plaster of the herbes beaten small wheate bran, and bynde it to the molde and make a garlande of thy keuerchefe to kepe it in.

For all maner of heade ache

Take Veruayne, Betayne, wormwood, Celidony walworte, rewe, & the barke of the Elder, hony, & peper, and all hole stampe them togyther, & sethe them in water, and drynke it early and late.

An other for the sawe.

Medle a sponefull of the iuyce of betayne with as mochе wyne, and almoch hony, & put the sayde yr. percornes, and drynke it foure dayes.

An nother for the same.

Take Rewe, Veruayne / wormewoode, Sage, Walworte, Heyhouered, Fenell, Plantayne, the grene of the elder bytwene the barke, and the tree of yche a handfull, and washe them, and stampe them small, and do them in a newe earthen potte with a potell of red wyne an other of stale ale and

sethe

sethe it to halfe but fyrst put therto a quarterō of an vnce of powder of peper, & strayne it through a clothe, & drynke therof. ix. dayes seuen sponeful at ones at euen hote, & in the mornyng colde and wasshe thy heade with the lycour that foloweth.

An other for the same.

¶ Take Rewe, Heyhoue, Betayne, Veruayne Myntes, Hylworte, red fenell, wormwood Sothernwod: of yche an handeful, and wasshe them, and shrede them small, and sethe them in water in a erthen pot, & wasshe thy heade with some of the water, and medle the herbes with wheate bran, & make a playster on the molde as hote as it maye be suffered, and make a garlande of a keuercheffe to kepe it on, and with fyue playsters, thou shalbe hole on warrantyse.

For to clense the heade.

¶ Take and chew pyllatory of Spayne. iii. dayes a good quantite, and it wyll purge the heade wel, and put awaye the ache, and fasten the tethe. Or drynke the ioyce of Sage with ale, and it shall ease the.

To clense the heade, the brest the stomacke & to make one to haue good appetyte.

¶ Take thre handefull of Centory, & sethe it in a galon of water vnto a pottell, and then clense it & put therto a pynt of clarifyed Hony, and sethe it softly to a quarte, & drynk therof two sponefull at ones, erly in the mornyng, & late in ẏ euenyng.

For the vanyte in the heade.

Take the ioyce of walworte, salte hony, ware,

and

and encence, and boyle them togyther, and therwith anoynt thy temples.

For to ceasse the ache and swellynge woundes/ that be sore in the heade or in any other place soo that the bones be not broken.

¶ Take malowes, wormewood, Mugworte, betayne, Egrymony, Hylworte, of eyche an handful, then washe them and stampe them, and put therto thre vnces of fayre wheate floure asmoch hony and asmoch barowes greace and stampe them togyder, and put therto red wyne, & frye them and laye them warme to the sore, but laye a red coole lefe bytwene the playster and the wounde, and it shall ceasse the ache and put awaye the swellynge.

Howe you shall knowe yf the brayne pan be broken.

¶ Yf the flesshe be hole aboue take and shaue the heade there as the soore is, and dowble a lynnen cloth & spred on it the whyte of an egge, & bynde it to a nyght, and on the morowe take it clene away and loke yf the cloute be moyst or drye, for yf it be moyst the pan is broken, & in the same place kerue the flesshe and let the bloode out and anoynte it with a noyntment made therfore, and thus shalt thou saue hym, or els he is but deade.

For the mygrayme in the heade, and for the postum in the heade, for the dropsye in the heade, for the feuer in the heade & for all aches in the heade.

Take foure peny weyght of ỳ rote of pellatory of Spayne, a halfpenny weyght of Spygnarde, and grynde them, & boyle them in good Vyneger and

and when it is colde put therto a sponeful of hony, and a sawcerfull of mustarde and medle them well togyther, and holde therof in thy mouthe a sponeful at ones as longe as a man may saye two credes, and then spyt it out into a vessell and take moze and do so.ix.oz.x.tymes togider. Fyrst after thou hast dyned at noone and after noone at the goynge downe of the son, and when thou goest to bedde, and washe thy mouthe, and dzynke and go to bed, and vse this medicine thze dayes, and thou shall be hole foz this is pzoued.

Another foz the same.

¶ Take Galyngale halfe an vnce, Gynger an vnce and an halfe, of Nutmegges a quarteron of an vnce, of Cloues a peny weyght of the floure of Canell a penye weyght, Spiknarde a halfpenye weyght of Anneys a quarteron of an vnce, of Elenacãpana halfe an vnce, of Lycoztce halfe an vnce and almoch of suger, and beate them all togyder. And vse of that powder fyrst and laste a sponefull at ones.

¶ An other foz the same.

Take Betayn, Sage, red myntes, red Fenell, of yche thze croppes, and eate them. viij. dayes oz xiij. dayes and after take the grene rynde of the Elder stycke of one yeare growynge and put the ioyce therof into thy noyse thze dayes thze tymes a daye lyeng vpryght by the space of a myle.

Foz all maner of cupll aches in the heade.

Temper rewe & aysell, & smere thy head therwith

take

An other for the same.

¶ Take Betayne, Veruayne, wormwood waybread, Rew, walwort, Sage, the barke of the Elder tre thre cornes of peper, and temper them wel togyder in wyne, and drynke therof yche daye a draught early, and late tyll it be well.

An other for the same.

Take the galle of an Hare, and temper it with houy, euenly, and anoynt therwith thy temples.

An other for the same.

Drynke pulyall, and stampe it with his flowre in luke warme water or in wyne.

An other for the same.

Take the greace of a harte, and blende it with Barly meale, and sorell, and bynde, and temper al togyther, and playster it to thy temples for this hath ben proued a ryght good medycyne.

To purge the heade.

Take the ioyce of prymrose, and the mylke of a kowe, and with a pen blow it into thy nose thryls, & it shall purge the heade and make the hole.

For the ache in the heade.

Camamell is good for to ease the ache in the head, & namely it is good for the brennyng Feuer that holdeth a man or a woman in the heade.

For the worme in the head.

Calampynt is good for to sley ỹ worme in the head

For ache in the heade

Fenell sodden in water swageth the ache in the heade of man or womã, when the head is washen therwith.

Take

An other for the same.

¶ Take Sage, Betayne, wormwood, Rewe and Heyhoue of yche lyke moche, and sethe them in fayre water, and when they be well sodden poure out the water in to a fayre clene vessell, and then take, and grynde the herbes in a morter smal, and then take some therof, and some of that lycoure/ and temper them well togyder, and do therto a porcyon of wheate bran to holde in that lycoure & in the remenaunt of the lycour washe the head of the pacyent as hote as he maye suffer it, and lay the forsayde playster to the molde as hoote as he maye suffer it, and bynde it on surely for fallynge awaye, and let it lye so a daye, and a nyght without remouynge, and with thre playsters and thre washynges, thou shall be hole and thy heade ake neuer so sore. ¶ For the mygrayne.

Take halfe an vnce of Galyngale, and an vnce of gynger, and halfe a vnce of Nutmegges/ and a quartrone of an vnce of cloues, & a penye weyght of Anneys, and a quarteron of an vnce of Elena campana, and halfe an vnce of Lycorice, and halfe an vnce of Suger, and beate all these togyder and let the seke vse this powder fyrst, and last a spone full at ones, & within foure dayes thou shalte be hole, for galyen the good Philosopher vsed this medicene.

Here folowyth a water to breake the rewme in the heade, and to put awaye the pose.

¶ Take a red Onyon, & breake it small & sethe it in a lytell Aysell, and afterward put therto a lytel

An other for the same.

¶ Take the gall of a wedder and Hony, of bothe lyke porcyon, and medle them togyther, and put it in his eares.

¶ Here after foloweth good medicynes for bledynge at the nose, or in any other place.

I Wyll that you shall take the mosse of the hasell tree growynge neare to the roote, and cut the crop awaye, and take the mydle part of the same mosse and laye it to the wounde: and it wyll staunche bloode.

An other for the same.

¶ Take Perupncle, and chewe it in thy mouthe/ and it wyll staunche bloode of thy nose.

An other for the same.

¶ Take Betayn and salte, and medle them togyther/ and put them in thy nose, & they shal stanche the bloode.

An other for the same.

¶ Take Linkefoly and tempre it with wyne, and gyue it to hym to drynke, and washe his face with ysell, and he shall soone stynte of the peryll.

An other for the same.

Take shelles that chyckyns were hatched in, & bren them and make pouder of them, and put the pouder in his nose, and it shall staunche hym.

For to staunche bloode of a wounde.

¶ Take leaues of Rew and stampe them and lay them on the wounde and it shal staunch it: for this is proued,

Another

¶ An other for the same.

Take a brome stalke & scrape of the rynde / and make a balle therof, and do it in the wounde, and bynde it well with a clothe.

An other for the same.

¶ Take Salte, and bren it on a tyle stone, & make pouder therof, and put it in the wounde.

An other for the same.

¶ Take and scrape that is burned of a Caudron, or a brasse pot, and make pouder therof, and do it in the wounde. An other for the same.

¶ Take wormes of the earth, and bren them to pouder, and put it in the wounde.

An other for the same.

Take and drynke the ioyce of Ache, and it wyll staunche bloode.

An other medicyn for the same.

¶ Take a lennyn clothe & bren it to pouder / and bynde it to the wounde, or bayne that is hurte.

For bledynge agaynst kynde.

Drynke the ioyce of rewe and take waybrode, and Mynte & laye to the wounde and bayne that wyll not leaue bledynge in a lynnen clothe / and remoue it twyse a daye, and it shall heale eyther wounde, or bayne: for this hath ben proued many tymes. ¶ To staunche bledyng at the nose.

Bynde the temples of the pacyent with a lyste aboute the head / in so moch that the baynes haue not theyr course, and drynke the ioyce of smalege and laye a perupncle leafe vnder the tongue, and it shall staunche.

An other for the same.

Take the seede that hangeth vpon the Nettell bowe, bren it and make powder and blowe it into the nose with a goose quyll, and drynke the ioyce of Plantayne and it shall staunche anone.

To knowe yf a wounded man shall lyue or dye.

Take the leaues of grasse or pympernel & gyue hym to drynke and he cast it vp he is not curable, and he holde it he is curable. And to hym that is curable, giue him to drynke thre dayes pimpernel bugle: and Sanycle to pourge the wounde. And the wounde be on the heade & brayne pan tamed: then gyue hym to drynke no sanycle: for that wyl perysshe the eye. Or gyue hym pympernell stamped with water to drynke, and it come out at the wounde he shall lyue. Or gyue hym Letuse stamped with water, and he spew he shall dye. Or gyue hym mouscere with ale and he hold it to the other daye the same tyme, he shall lyue: or els not.

An other for bledynge at the nose.

Take the ioyce of the Nettell and rubbe wel thy forheade therwith, and it shall staunche it.

¶ Here foloweth medicyns for ache in the tethe, also howe thou shalt make tethe for to fall by they owne accorde, and to make teeth whyte: and fyrst for the tothe ache.

mosse

Mosk it is bled, and best to take Alume and Brymstoone: and bren them on a fayre tyle stone: and then make powder therof, & put to powder of peper: then stampe a cloue of garlike small and medle all togyther: and put it in a small lynnen bagge, and laye it on the same syde of the mouthe within, & it wyll do away the ache anone

An other for the same.

¶ Take hony and sethe it ouer the fyer & scome it and put therto powder of peper, and sethe it tyll it be blake: then take halfe a sage leafe and lay the hony theron / and laye it to the tothe.

For the tothe ache that cometh of wormes.

¶ Take henbane seede, Leke seede, and powder of Encens and rychelles of yche lyke moche, and laye it on a hote tylestone glowynge hoote, and make a pype of latyn in the neder ende so wyde, that it may couer the seedes and powder: and then holde ouer thy mouth open ouer ỹ other ende that the ayre maye go into the sore tothe.

An other for the same.

Take the shauyng of the hartes horne, & sethe it longe in water, and laye it in to the sore tothe.

For the tothe ache.

¶ Take Vyneger and Mustarde poudre of peper and of Pyllatorye of spayne, and the kernell of Nutgall, and boyle them all togyther. And the teethe holowe put therof in to the teethe or els about the gummes hote, and thou shalt be hole.

For

For the tothe ache or wormes in the tethe.

¶ Take peper and stampe it/and temper it with good wyne, and sup therof warme and holde it in thy mouthe, tyll it be colde, and then spyt it out, & do thus ofte/and thou shalt be delyuered of al anguysshe.

An other to make tethe fast.

Take hertes horne, and bren it and put the asshes that come therof in a lynnen clothe and laye it to the rotten tethe, and it shall make them faste.

To make wormes to come out of the tethe.

Take henbane, and red Pymproll of the hethe, and virgyn wax, and make a candell therof and holde thy mouthe ouer the candell brennyng that the smoke go vp into thy tethe, and do so ofte, and thou shall se the wormes fal out before the & then anoynt thy cheyke with horse greace, and it shall do the good.

An nother to sley wormes in the tethe.

Take the rote of Henbane/and kerue it in shyuers and laye it to the tothe thre nyghtes, and it shall delyuer the ache therof, and sley the wormes

An other for the same.

¶ Take the rote of pylleter of Spayne, and wash it cleane, and stampe it and make therof thre smal balles in thy hande, euery ball the greatnesse of a plombe, and laye the fyrst ball bytwene the cheke & the tothe that aketh by the space that one maye go a myle, and euer as the water gathereth spyt it out, and when thou thynkes it hathe ben there so longe put it out and put in an other, and so do

tyll

tyl thou haue spent al thre, and then lay the vpon the bed, and couer the well and warme, and when thou hast slepte thou shalt be hoole, for this medycyne hath ben proued many tymes.

For the tothe ache, and the gummes do swell.

¶ Take the ioyce of the red nettell, & the whyte of an egge, and Frerekyls and wheate meale, and make a plaster, and laye it to the sore where that euer it be, and it shall swage, and heale.

An other medicyne for the same.

¶ Take a quantitye of powder of gynger and of powder of peper, euen porcyon, and sethe them in a poket of lynnen clothe, and wete the poket in a lytell aqua vite, and laye it to thy tethe there as the ache is and it shall drawe out all the malyce of the ache.

An other medicyne for the same.

Take burla pastoris, and stampe it / & the ache be on the ryght syde bynde it vnder the lefte foote and the ache be on the lefte bynde it vnder the ryght foote.

For to fasten tethe that be lose.

Take the barke of the tree that beareth the pomegrayne, and mastyke, and of ole Libanum, and rectes, of all euen porcyon, and make powder and temper it with Acrose, and put it in a smal lynnen clothe, and laye it on the gummes without.

To make tethe to fall by them selfe.

Take a water frogge, and a grene frogge and sethe them togyder, and gather the greace, and

smere therwith thy gummes aboute thy tethe.

An other for the same.

Take the talowe of a Ramme, and plantayne/ and stampe them togyder, and anoynte the tothe therwith, and it shall fall out by it owne accorde.

For stynkynge tethe.

Take two handefull of Comyn, and stampe it smal, and lethe it in wyne/ & gyue them to drynke .ix. dayes, and it shall make them hole.

For to make tethe whyte.

¶ Take Hony, Salte, and Rye meale, and medle them togyder, and frote thy tethe therwith, and they shalbe whyte.

¶ Here foloweth good medicynes for the paynes in the mouthe: and fyrst for them that haue lost theyr speche.

When thou haste loste thy speche, take the ioyce of Sothernwood, or Sage or of pympernell, and put it vnder thy tongue. Or take wormewoode and stampe it, and temper it with water, or with honye, and put it in to the mouthe of the pacyent, and he shall be hole.

For them that speake in the slepe.

Temper the seede of Rewe, and Aell togyder, or the leaues and drynk it, and put some in to his nose thyrlles.

An other for the same.

Take the ioyce of Sothernwoode, and temper it with wyne, & drynke it when thou goest to bed.

Another

An other for the same.

¶ Take the croppes of Rewe, and the croppes of veruen, of yche lyke moch, and drynk the ioyce therof when thou goest to bed.

For them that dreame in theyr slepe.

Take Betayn, and hange it about the necke of the patient, or gyue to the patient the ioyce therof to drynke when he goeth to bed, & it shall ceasse.

For them that maye not slepe.

Take the berys of Lorell tree, and breake them in a morter, and laye them in a cloute all about his heade, and he shall slepe.

An other for the same.

Take Egrymony, and put it vnder the heade of any persone and he shal slepe tyll it be taken away

To kepe one from slepe.

Sethe a garlyke heade, and the huske and the reale togyder to the thyrde partt, and drynke it.

An other for the same.

Eate persley, and Fenell togyder.

For them that spyt bloode.

Take Smalage, Myntes, Rewe and Betayne and boyle them in good mylke and suppe therof warme, and thou shall amende.

For hym that maye not eate.

¶ Take wormwoode, Myntes. Sage, and myxe of bread that is browne, and of Comyn, of yche an handefull, stampe it small, and put it in a lynnen clothe or bagge, and wete it in Vynegre & heate it as hote as thou mayst suffer, lay it to thy stomacke, & it shall helpe the.

For

For the great heate in the mouth.

¶ Take a pynte of water, and as moche as a nut, of whyte Alum, and as moch of Sage, and a spone full of hony, and boyle all togither and washe thy mouth therwith.

For the canker in thy mouth.

Centoly is a maner of woodbynde/ and bereth a whyte floure/ moche lyke vnto the lylye: and it is hote/ drye in the seconde degree, stampe it, and temper it with hony: it is good for the canker in the mouth.

For euyll in the throte or mouth.

Take the leaues of the whyte Vyne, and boyle them in fayre water / and when it is ryghte well boyled/ holde thy mouth ouer / that the ayre may go into thy mouth and stew ryght wel thy mouth and then sup of the water & holde it in thy mouth tyll it be colde/ and then put it out and take more: and do so seuen or eyght tymes on a daye: and vse this thre dayes togither. Also do in lyke maner wt the spue leued grasse/ & vse it seuen or eight tymes on a day/ and thre dayes togyther/ and it muste be sodden more then the leake of the vine in fayre water/ and it shall heale hym.

For a man that hath lost his speche.

Take the ioyce of Sage or pymrose/ and put it into the mouthe of the pacyent/ and he shal speke.

For the Canker in the mouth.

Take Maskyke/ recles/ galyngale/ spygnard Gylyfer/ Canell: and a pece of wollen clothe/ and brenne of the one an vnce/ and make pouder/ and

put

put therof in thy mouthe when thou wyll speake with whyte wyne, or with the ioyce of waybrode and clarifyed hony.

¶ For the Canker in a mannes mouth, in his chekes or in his lyppes.

Take.viij.or.ix.leaues of Sage, and stampe them with a lytell Salte, and Asell, and make a playster and laye to it.

¶ Here foloweth good medicynes for them that haue stynkynge brethe.

NOwe for them that haue stynkynge brethe. Take the ioyce of Dilwoorte or els take butter, and the ioyce of horshoue, and the ioyce of Fetherfoye, and temper them with Hony, and euery daye gyue the pacyent a sponeful.

An other for the same.

Take two handefull of Comyn, and stampe it to powder, and boyle it in wyne, and drynke thys syrop.xb.dayes, and thou shalte amende.

Another for the same.

Take Pulyal, and mynte, and drynke the ioyce and vse Gynger, Canell, and Nutmegges, & loke well, and be sure that there be no rotten tothe.

For stynkynge brethe.

Take two handefull of Comyn made in powder and sethe it in good wyne fro a potell to a quarte and drynke at euen a lytell hoote, but in the mornynge as hoote as thou maye drynke it, and thou muste drynke a pynte in the euenynge, and in the morynng within.ix.dayes thou shalt be hoole on warrantyse.

take

An other for the same.

Take Pulyall of the mountayne that is called Dylworte a good handefull and washe it/ & shrede it small/ and grynde it small in a morter / and put therto halfe an vnce of Peper in pouder, & asmoch of comyn in pouder, and seethe them in a potell of wyne vnto a quarte, and vse it after meat, and not before, ones at after none, and last at euen: alway hote, and thou take it fastynge it is good.

For stynkynge breath that cōmeth from the brayne, out of the nose.

¶ Take red myntes and rewe, of yche lyke moch/ take the ioyce therof/ and at euen whē thou goest to bed put it into thy nose thrylles, and lye so that it may runne in to thy brayne.

For good breath.

Who that vseth to eat Weruen, it maketh good breath, and doth away the stynke of the mouth.

For stynkynge breath or stynkynge nose.

¶ Take the ioyse of blacke myntes/ and the ioyce of Rewe of yche lyke moche/ and do it in his nose.

An other for the same.

¶ Take thre handfull of comyn and beate it small in a morter/ and put therto a potell of wyne/ and sethe it tyll the halfe be wasted/ and strayne it thorowe a clothe/ and drynke therof euery daye fyrst and last, at euen and at morowe, as hoote as thou mayst suffer it: and thou shalt be hoole within .xb. dayes on warantyse.

Here after folowyth good medycynes for to make a man cast/ or to perbrake.

when

When thou hast a mynde for to caste or perbreake: take two partes of the ioyce of Fenell, and one parte of hony, and sethe it tyll it be thycke, and drynke therof in the morynge & in the euenynge, for it is good for the splene and the leuer/ and it remoueth the gutte.

An other for the same

¶ Take the ioyce of Stonecroppe for it is good for the same.

An other for the same.

Take the ioyle of Spurge for it is good for the same.

An other for the same.

Take Rewe/ and temper it with wyne, and ete it somwhat warme.

An other for the same.

¶ Myntes is good in the seconde degree, sayeth Galien, it confortheth the stomacke, it restrayneth breakynge, it is good for the lyuer, and the lõger. And it destroyeth wormes in the wombe. And yf a woman drynke it with water, or with honye, it shall make her to haue fayre delyueraunce of her chylde.

For them that maye not holde theyr meate.

¶ Take Horshoue, and Hylworte of euery lyke moche, and washe them cleane, and stampe them/ and put therto a porcion of powder of peper, and sethe them wel togyder in fayre clene water, & let the pacyent drynke therof luke warme, fyrste and laste/ and he shall be hole of the malody.

Here

¶ Here folowyth good medicynes for the colde and the cough.

TAke yssope: Rosemarye, Plantayne, and the rote of Radysh of yche a quantite, and sethe them in wyne from a potel to a quarte, and then take them downe, and poure out the lycoure into the herbes in a morter and medle them well togyder, and strayne them into the lycour agayne in to the pot and then take a pynte of lyke hony, & boyle it and scomme it, and put therto a quarterō of maye butter, that is clarifyed, and then lette it sethe by the space that one maye saye the psalme of Miserere mei deus, then take the vessel downe and strayne it through a lynnen clothe, and take that lycour & put it in a fayre vessell of glasse, and let the pacyent vse therof fyrst and laste: at euery tyme. iij. spoone full of stale ale warme tyll it be hole: for this is a proued medicyne.

For the colde.

¶ Take the seede of the Nettell, and sethe it in oyle and anoynt thy feete therwith, and thy handes and it wyll do awaye the colde.

For the cough.

Take sage, Rewe, and peper, & sethe them with hony, and eate therof a sponefull fyrst and laste/ tyll thou be delyuered of the sayde dysease.

An other for the same.

Take Rewe, Sothernwood, and Rosemarye of yche an handeful, and a quarte of clarifyed hony, a quarte of wyne, and sethe them all togyder, and then stampe the herbes, and put them into the lycoure

lycoure agayne, and sethe them a lytle, and then strayne them, and put the lycoure in to the glasse, & vse therof. vi. sponefull of stale ale at euen hote at mornowe colde.

For a man or a woman that hath great sycknes in the syces, and may not well drawe theyr wynde nor cough for payne.

Take Pulyall of the mountayne otherwyse named Hylwort, Alisander, Perley, Loueage, Smallage, red Fenell, Burnet, Bromell, of yche lyke moche, and sethe them in whyte wyne tyll halfe be wasted, and then strayne them, and let the pacyent drynke therof hote, fyrst and laste.

For the cough.

Take Sage, Rewe, red Fenell, yssop, Compane, and the powder of Peper of yche lyke moche by weyght, and sethe them togyder in Hony, & make therof a lectuary, & vse therof a sponefull at euen and another in the mornynge.

For the dyse cough.

¶ Take halfe a pounde of Lycorice, and scrape awaye the barke, and stampe it in a morter, & put therto a galon of good worte in a newe earthen pot, & an vnce of Suger rosat well powdered, and a quarteron of an vnce of powder of Ginger, and a quarterō of a vnce of clarifyed Hony, and sethe them tyll halfe be wasted, & thē strayne it through a clothe, and put it in a clene vessell, and let the pacyent vse therof fyrst and laste, at euen hote, and in the mornynge colde.

For the cough a good medicyn.

¶ Take a handful of Rewe, an other of sothernwoode, another of rosemary, a quarterō of clarysyed hony & a quarte of wyne, and sethe them well togyther and powre out the lycoure and stampe the herbes: then put them into the lycour agayne & sethe them togyther a lytell: then strayne them and put the lycour in to a glasse: and let the pacyent drynke it fyrst and last.

A good medycyn for the drye cough.

Take a pounde of lycoryce and scrape away the barke clene, then stampe it in a morter/and put it in an earthen pot: and put therto thre quartes of the best wort that thou can get, and an vnce of suger, and a quarter of an vnce of pouder of ginger: and a pynte of clarysyed honye, and then sethe all togyther tyll halfe be wasted: and then strayne it through a clene clothe in to a fayre vessell, & then let the pacyent vse therof fyrst & last: at euen hote, and in the mornynge colde, tyll he be hole.

An other for the same.

Take Annys seede, Smallage seede, and vyolet sede of yche lyke moche, & beate them all togyther in powder: & tempre them with wyne, as the quātyte gyueth, and sethe them well togyther tyll it waxe thycke, and put it in a boxe, and let the pacyent vse to eate therof tyll he be hole.

For the peryllous cough a good medicyne.

Take the ioyce of Sage, and the ioyce of rewe, of yche lyke moche, and a quantite of Comyn, and

as

as moche of the pouder of peper and sethe them al in clarifyed hony, and so make a lectuary therof: & let the pacyent vse therof thre sponefull at euen and thre in the mornynge tyll he be hole.

An other for the same.

¶ Take Sage rewe/red Fenell, Ysope/Comyn/ and the pouder of peper, of euery one lyke moche by weyght: and sethe them togyther in hony, and make of them a lectuarye: and vse therof a sponefull at euen, and another in the mornynge.

¶ Here foloweth good medicyns for swellynge vnder the chyn/for straytnesse in the pypes: for them that haue moche sycknes: for the paynes aboute the herte: and fyrst for swellynge vnder the chynne.

When thou wylte haue swellynge frō vnder thy chynne: take an horse and ryp the ballocke and get bloode therof, and anoynt it therwith/& lappe it/and bynde it to all hote, and do so thre dayes togyther, and thou shall be hole.

For straytnesse in the Pypes.

For straytenes in the Pypes/or in the breest/ take drye Ysope rootes and Elenacampana/of yche an handeful: styckes of Lycoryse scraped and softe broused foure vnces/and boyle all togyther in a galon of rennynge water tyll halfe be wasted then strayne it, and with all the aboue sayd hote/ put therto halfe a pynt of clarifyed hony, & drynk therof mylke warme a good draught euery daye/ fyrst, and last.

For a man or woman that hath moche syckenesse.

Take hylwortе, alysaunder, persley, louage, red fenell, smallage, burnet and gromell: of ychе lyke moch and put the herbes in whyte wyne or ale to halfe be wasted, and strayne it, & drynke it at euyn hote, and in the mornyng colde tyll thou be hole/ for this is proued.

For the syckenes aboute the harte.

Take Rosemary, Ysope, Centory, Betan, and Iris the whiche is an herbe lyke gladen, but it hath a blew floure, sethe them in fayre water and strayne the water and the ioyce of the herbes, and put therto hony, and boyle it agayne and scomme it a lytell and put therto as moche butter as hony in the sethynge, and medle them well togyther. Then take it downe and couer it wel, and gyue to the patyent to drynke therof, at euen hote, and in the morynge colde.

Another for the same.

Take .ix. croppes of Sage. ix. croppes of Ysope ix. croppes of wormwoode. ix. croppes of Tansay ix. croppes of water cresses, a quantite of fowre breade, and a quantite of vineger, and boyle all to gyther tyll it be somwhat thycke, and then put it in a poket, and as hote as ye maye suffer it, laye it there as it greueth you.

For sycknes in the wombe, and rysynge in the herte.

Thou shalt take Persley rootes & the stalkes of red Fenell, & washe them clene, and stampe them

in a mozter, of ych of them a good platter full.

For stoppynge of the ypes of the herte: and for flume/ a medycyn proued.

¶ Take a good bolful of barlye/ & put therto a gallon of clene wel water/ & boyle them togyther tyl the barlye be soft as any wheat for furmenty/ and then streyne them thorow a clene clothe, and then take that water & put therto almoch good worte, with a penye worth of Lycorice knocked, but not made in pouder, & a good handful of ysope & another of sage, & boyle them altogyther tyl one half of the lycour be boiled in. Then strayn that licour thorow a clene cloth: & that that cometh thorowe the cloth put it in to a close vessell, & let it stand a day, & then let the pacyent drynke therof a spone ful or two at euen: & in the morynng fyst and last

For to comfort the stomake, and swellynge at the herte.

¶ Make a sauce of sage and persley euen porcyons with a lytell rewe & ysope, & myngle it well with yest: & let the pacyent eate the same with his meat whyther it be flesche or fysche, and he shall recure.

¶ Here foloweth good medycynes for the syckenes in the brest and sydes: & fyst for the great hete in the brest that causeth greate drynes commynge in to the mouth & stoppynge in the heed.

Do in to a morter a good handful of smalage & a quantyte of the sourest breade that thou canst fynd, & bray them in a morter, & stampe them tyll they be thycke & lyke a playster: then lay

ſt on a lynnen clothe, and bynd it aboute his breſt thre or foure tymes / and it ſhall dryue awaye the heate of the mouthe / & the ſtoppyng of ỹ heed alſo

¶ For clenſynge of any pacyent that is encombred with glete / and for the herte / for the lyuer / and for the longes / and for to open the breſt, and the pypes of the hert that be full ſtopped.

Take a newe earthen pot / and take pety morell / Smallage / Groundeſwelly / Louage / yſope / Hertestonge / Heyhoue / alyſander / and the roote of Elynacampana / of euery of theſe lyke moche by weyghte / and waſſhe them clene and ſtampe them in a morter and medle them well togyther / & take ſome of them and put in a fayre earthen pot, and put them downe with thy hande to the bottome / and take freſſhe greace / fayre and new clayne molten and colde / and make a thynne bed in that pot aboue the herbes with thy hande / and then lay on another porcyon of herbes / and another bedde of the ſame largeneſſe / and do thus vntyll thy pot be full / and couer it cloſe that no ayre go oute / & ſet it in a raudron full of water vp to the necke of the potte / ſo that there goo no water in to the potte, and lette them ſeethe vntyl thyne herbes be tender / and take it downe from the fyre, and ſtrayne it throughe a clothe that is clene in to a clene veſſell / and therof gyue to the pacyente to drynke in warme wyne or warme ale / laſt at euen / and fyrſt in the morenyng, and he ſhall be hole.

An other for the same.

¶ Take rewe, and Ambrose of yche lyke moche/ and stampe them, and temper them with whyte wyne, and drynke therof thre dayes fastynge.

An other for the same.

Take Ysope/ Centory, of euery lyke moch stampe them, & temper them with whyte wyne, & drynke therof thre dayes fastynge.

An other for the same

Take Isope/ Centory, Colyander, Anece/ and Lycorice/ & sethe them wel all togyther in water tyll the thyrde parte be wasted / & gyue to the pacyent therof to drynke in the morynng colde/ and at euen hote one galon of water is sufficyent for the herbes, For Ysope is a mylde herbe to heale a mannes brest/ yf it be stamped/ and dronken with water fastynge. Also it clarifyech the breste meruelously. ¶ For stoppynge of the breste.

Take Rewe, and sethe it with Aysell, and gyue to the pacyent to drynke therof.

For the euyll in the breste.

Take wormewood, Mynte, Calampnt, Sage/ and Cyneger, & stampe them small, & take whyte bread/ & toste it tyll it be all browne/ then take the breade & myx it small, and put all togither & make a playster/ and laye it at thy harte.

For the brest that is combuste.

Take Ysope, and sethe it in wyne fro a potel tyl a quarte and let the pacyent dyse to drynke therof at euen hote, and in the morynge colde, fyrst and laste/ and he shall be hole.

Another

An other for the same.

¶ Take thre potels of rennynge water of a well that sprynges & boyle them all therin tyll it come to a potell, & then strayne them throughe a clothe and set the lycoure on the fyre, & take halfe a pynt of Hony, and halfe a peny worthe of the powder of Annyes a halfepenye worthe of the powder of Lycorice, and a peny worth of Suger, and cast all these in to the lycoure & let them boyle well / and then put it in a vessell, and stoppe the pot that the ayre go not out, and let the pacyent drynke it in the mornynge but not laste at nyght, and he shall recouer ryght soone.

A medicyne for stoppynge at the brest.

¶ Take Kewe and sethe it with Aysell and lette the pacyent drynke therof.

An other for the euyll in the brest.

Take wormwood, Mynt, Calamynt, Sage, and Vineger, and stampe them small, and take whyte breade and toste it tyll it be all browne, then take it and mye it small, and put it all togyder, & make a playster and laye it to the herte.

For the canker in a womans pappe, and let no man drede it for this medicyne is best therfore

¶ Take wormwoode, and the whyte of an egge, and scomme it, and dysstemper it with oyle of Vyolettes, and let her bloode on the beynes about the pappes. &c.

For a Canker on the pappe.

¶ Take the fen of a geyte, and the ioyce of celondyne, & myngle them togyder & lay it on the sore.

For

For the fetter.

¶ Take the ioyce of the roote of the fore gloues, and temper it with mannes bryne and wrynge it through a clothe, & washe the sore often therwith

To make a woman to haue a sokte brest.

¶ Let her drynke in ale Metell seede, & salte and it shall make her hole.

For swellynge at the breste.

¶ Take wormwoode, Sage, and Calampynte of yche lyke moche, and stampe them small, and put therto a quantite of Vyneger, and temper them togyther, & take whyte breade, and tost it browne and grynde it small / & boyle them togyder / and styre it that it brenne not to / and laye it to the brest as hote as thou mayste suffer it.

For payne of the brest.

Take Ysope, Perley, and Sage, and stampe them, and laye them to the breest.

For straytnes of the breest.

Take hartes tongue, Violettes, Centory, Endyue, Pellatorye, Perytorye, Fenell, and Ache: of yche lyke moche, and take the rootes of Percyngal and foure seedes of Durytyll / and Ysope / and a part of Suger, and sethe them in a galon of wyne or fayre water vnto a potyll, and clense it in to a newe earthen pot and couer it wel: let it stande al nyght and then drynke of it euerye daye tyll thou be hole.

¶ And thou haue moche sycknesse in thy body / sethe Barly in water / and kepe the from all euyll dyettes / tyll thou be hole.

An other for the same.

Take Violet Ache/Centory/& Lycorice, and sethe them in water / & drynke it in the euenynge hote/and in the morynynge colde.

For to purge the breste.

Take rewe / & Ambrose, of bothe lyke moche & temper it with red wyne, & drynke it thre dayes.

An other for the same.

Take a quantite of flowes that be rype / and grynde them small and put them into a newe earthen pot/and fyll it full of newe ale newe clensed, and couer well the pot aboue/and make a hole in the grounde and set in thy pot therin / and couer it well aboue with erthe/and let it stand .x. dayes and then take it vp/and drynke therof a cuppe ful at ones/at euen hote/and in the morynng colde/ and thou shalt be hole by the grace of god.

For the breste that is combred.

Take Ysope and sethe it in wyne fro a potell to a quarte & vse it at euen hote/and in the morynge colde.

For the stomacke that is colde.

Take Centory/Myrt, and Sauerane, & boyle them in whyte wyne or stale ale in a close potte/ that there go no ayer out/tyll the thyrde parte be wasted/and then drynke therof .ix. dayes in the morynge hote/and thou shalt be hole therof.

For swellynge of stomacke.

Stampe fenell rootes / and rootes of Smalage of yche lyke moche/and temper them with wyne/ and drynk therof warme at euen/and colde in the morynge.

Another

An other for the same.

Take wormwood/Agrymonye, Smallage. aā M.i. barowes greace. i. M. boyle them togyther with wyne tyll the colour of the herbes fade, then stampe them and strayne them in to a pan with a conuenient quantite of wheate branne, and make a playster therof, and laye it to the sore place as hote as maye be suffered, and then take the gall of an ore, & Rybworte, and stampe the herbe, and se that thou haue asmoche of the ioyce of the herbe as thou haste of the matter of the gall, then boyle them togyder tyll halfe be wasted, in maner of a playster laye it to the sore place as hoote as thou maye suffer it.

For pappes that be broken, and do ren eally. to helpe them.

Take sorell de boyes, & lappe it in a worte leafe & roste it in the asshes, by the space of halfe a quarter of an houre, then stampe it small, & put therto Hony, & Vyneger, and medle them togyder, & put them in a bore, but lay to the sore a playster of garlyke & meale boyled togyther in Vyneger two or thre tymes, and then laye that salue in the bore.

For heate in the brest that causeth great dryues compynge into the mouth & stoppyng in the heade. ¶ Take a good handefull of smallage, and braye it in a morter, & put to it a quantite of the sowrest breade that thou canst get, and stampe them togyther tyl they be thycke lyke a playster, then lay on a lynnen clothe & bynde it aboute his breste. iii. or iiij. tymes, or so many nyghtes, and it shall dryue awaye

awaye the hete of the mouthe / and stoppynge of the heade.

For to breake flewme in the brest.

¶ Take croppes of red Myntes / and croppes of red Nettels / and wormwoode / and temper them with wyne / or with colde stale ale / but wyne is better / and gyue it to the pacyent to drynke in the mornynge nexte his harte: and laste at euen / and he shall be hole.

For a feuer in the stomacke.

¶ Conserue of Roses is good for the feuer in the stomacke. Also it is good for all euyls that are in gendred: of hote humors.

For to make a drynke for womans pappes that are rancled / and be full of ache.

¶ Take groundelwyly, and two tymes asmoche of Brolworte / and washe them bothe & stampe them / and temper them vp with stale ale, & strayn it through a clothe / and gyue to the pacient therof fyrste in the mornynge / and last at nyght.

For the canker in a womans pappes.

Take a quantite of Barleke, & pyll it, and Rye meele / or Barle meele, and braye bothe well together / and boyle them bothe in good Vyneger tyll it ware thycke as paste, and then make a playster therof / and laye it to the pappe tyl it ware whyte and then take Dympernell, and grynde it small / and put therto lyke hony, and then make therof a playster, and laye it to the pappe / and couer it wel and warme and lette the pacyent drynke of this drynke that foloweth. Take Brtayne, Veruayne

Egrymony

Egrymony/Groundeswylly/Broswortе, Mader of yche lyke moche / saue of the Mader / for of it thou muste haue as moche as of all the other by weyght/and wasshe them / and stampe them/and sethe them well in stale ale tyl the halfe be wasted then let the pacyent vse of this drynke fyrste, and laste tyll she be hoole / but and the pappe be berye blacke/medle not therwith for it is incurable.

A good lectuarye for all maner of gnawynges and other euyls in the breste and for ratlynge in a mannes throte, and for a byle/ & sore in the sydes, and for the myst and for the stomacke.

¶ Take horshoue/Groūdeswyly/Ysop, centory Smallage/fenell/Rewe/ Goldes / Pulyolryall/ Neppe/of euery of these lyke moch/ and put ther to peper/ & hony/that it be thycke as a lectuarye, and when thou haste tempered the ioyce of thyne herbes/and thy honye /and Peper togyther/and sethe them well /and styrre them, then put it in a boxe / and gyue to the pacyent a sponefull in the mornynge/and an other in the euenynge / and it shall make hym hole by the grace of god.

An other for the same.

Take Sage/and Rewe/and temper them with a lytle fayre water: for the herbes be drye of them selfe/and stampe the Sage / and the Rewe / and take Comyn/and put in to the ioyce of the herbes a quantyte of Peper/and Honye /and sethe them well togyder / & make therof a lectuarye, & gyue to the pacyent therof a sponefull at euen, and ano ther in the mornynge.

Another

An other for the same.

Take fyue leued grasse, and stampe it with small ale and gyue to the pacyent to drynke therof thre sponefull at ones, and sethe Pulyall of the mountayne and bynde it to the nauell hote as it may be suffered and the pacyent shall be hole within thre dayes at the moost.

An other medicyn for the same.

¶ Stampe Rewe, and salte togyder, and temper it with stale ale, & gyue to the pacyent to drynke therof, and the pacyent shall be hoole by the grace of God.

Here foloweth good medicyns for dyseases in the syde.

TAke lytell balles sodden of red wortes, and bren them in a newe earthen pot and then grynde them to powder after that gather it togyther with hony, & smere and well them togyder, and playster it to the sore.

For the ache vnder the syde.

Drynke Sage with wyne a lytell warmed, & it wyl cease the ache vnder the sides & of the wombe and of the stomacke. And it is good for the dropsy and for the Pally, and for the ache in the heade.

An other for the same.

Drynke Leuerfoyle with wyne, and it wyll cease the ache in the sydes.

For a woman that hath great sorowe in the body vnder the sydes.

Take hylworte, Alysaunder, perfley, Louage/ red fenyll/ Radysshe/ Elenacampana and sethe al

these

these herbes togyder in whyte wyne fro a potell to a quarte, and let the pacyent drynke therof in the mornynge, and at euen tyll she be hole.

An other for the same.

Take thre croppes of tansy, and the Lyly rote and grynde them, and frye them in fresshe greace or in fresshe butter, or capons greace, and laye it to thy sore syde/neyther to hote ne to colde.

An other for the same.

¶ Take Hylworte Alysaunder persley, Louage red Fenell, Smallage, Burnet, & gromell/of yche lyke moche, & sethe thē in whyte wyne vnto halfe and then strayne it, and drynk therof at euen hote and in mornyng colde, and vse it, and it shall helpe the for this is a proued medicyne.

¶ Here foloweth good medicynes for the Lyuer, the longes, the Splenne, and the mylte, and a restoratiue for them that be wasted, and fyrst for the lyuer, the longes, and the mylte.

Commonly it is vsed to take two partes of Fenell, & the thyrd parte of Hony, and sethe thē togyder tyll they be thycke as a lectury, and let the sycke vse therof fyrste & last, & he shalbe hole: but gyue hym a purgacyon.

For the splenne. cold and drie

Take the inner ryne of the Asshe tree, & stampe it, and sethe it in wyne, & it wyll heale the splenne doutles. ¶ For stoppynge of the Splenne.

Take the elder roote, & sethe it in whyte wyne vnto the thyrde parte and drynke therof for it cureth merueylously.

Another

sambucus is hott and drie in ye 3 degree it resolveth drieth openeth, it purgeth the billed of evill humours. it hath vertute to dissolved.

An other for the same.

Drynke the longes of the fore made in powder for in all maner of men it healeth the splenne, for this hath ben proued.

For the splen a souerayne medicyne.

¶ Take two pounde of fayre bores greace, & two pounde of asshes made of asshen wood, and a galō of fayre rennynge water, and sethe them all well togyder tyll the halfe be wasted, and then strayne them through a clothe, and let it stand all a nyght and in the mornynge flete of the greace, and caste away the water and medle the greace wel togyder and strayne it, and put it into a boxe, & therwith a noynt without vpon the splenne, and gyue to the pacyent to drynke that ensueth after.

¶ Take the rootes of ponge Asshen plantes, and a good quantite of wormwoode, and sethe them well togyder in a galon of wyne tyll the halfe be wasted, and let the pacyent drynke therof, at euen hote, and in the mornynge colde, and let the pacyent vse of this oyntment, and of this drynke, and he shall be hole within .xv. dayes at the furthest, yf there be any recure in hym.

¶ Here foloweth good medicyns for the diseases in the wombe, for the costyfnesse, for the flyxe, for them that be brusē: for the wormes in the wombe for the foundement, and fyrst for the lyckenesse in the wombe.

Dowe for the diseases in the wombe. Take perssley rootes, and red fenell stalkes, & wasshe them clene and stampe them in a morter, of eche

of

of them a good platterfull.

For the costykenes.

¶ Take a mozsell of larde, asmoche as thy fyngers and powder it with Sage, and tyme / and put it in to thy foundement. &c.

For the costykenesse of the suckynge chylde.

¶ Smeare the moders pappe with her chewyng

For a woman that hath many flowzes.

¶ Yf a woman haue many flowzes, dzynke of the whyte of stale ale, and it shall helpe her.

For a woman that is swellen in the bellys as she were with chylde.

Take Sauerayе, and stampe it and put therto good ale and take Beete and whyte Ambze, and make them in powder very small and gyue her to dzynke with the Sauerayе, and make a playster of Sauerayе, of Ysope, and of Lekes fryed in freshe butter, and laye it to her bely/and to her rames, and she shall be hole.

To stoppe a great flyxe

Take halfe a pounde of Almondes, & blaunche them, and stampe them in a mozter small, & then take twelue yolkes of newe Egges rosted harde/ and put them in to a mozter, and braye all togyder and then take a pynt of stronge red Wyneger for it is best, and put it in to the same stuffe, & myngle them well togyder, and then put all in to a fayre pot of earth, and stoppe it well & take therof fyue oz syxe sponefull at ones warme it in a pece, and dzynke it thze oz foure tymes vppon a daye as it shall be nede.

An other for the same.

Take the roote of the greate docke that beareth the burre, and the leues of Oke, and grounde yue and make a batthe of them and put thy feete therin to the ancles but no hygher, and lette thy feete stande longe therin as hote as ye maye suffer it/ & then kepe them warme.

For to heale a man or a womā/ that is broken without cuttynge.

Take Betayn, beruayne, Lankere, Hertestonge Dayses, the beres of the Elder or the leaues that are tenderest, & Lambokes, take these herbes/ and stampe them small in a morter as ye thynke beste/ & let the mooste parte be Betayn, and then temper them with small ale, or wyne / and drynke of this lycoure warme/ last at nyght, and fyrst in the morynge. viij. dayes.

For an olde man, that is brusten.

Take of Betayn twyse asmoche as of Lamboke and longe wormes/ that ben in the earthe in gardynes, or in the hygh wayes, washe them clene/ and bray them in a morter, and temper them with Betayn, and Lambooke, and vse it in meate, and drynke tyll thou be hole.

For the coldykenesse.

Take the Pollypody, on the Oke, and washe it clene, and stampe it small in a morter, and take fayre freshe greace therto, and take an olde hen that is fat, and scalde her, and drawe her, & washe her clene, and farse her, with the pollypody, and with the larde and sethe her well tyll she be tender

and

and let the pacyent dzynke therof the bzothe as hote as he maye, & take a great Onyon and kerue out the coze, & put freshe grease in to it, & set it in the asshes & let it roste tyll it be tender, and then stampe it & let it be layde to his nauyll, and bynde it fast all warme & let hym dzynke the bzothe be-foze sayde w̄ whyte wyne oz whey, & none other dzynk & he shal haue deliueraūce w̄in thze houres

For wormes in the bely a good medicyne.

Take Betē & sauen/ & dzye thē, & make powder of thē/ & let the pacyent dzynke therof in hote water & as soone as the powder is downe in to the bely it wyl sley them, & dzyng them out on warrantyse

An other for the same.

Take Sengren, fetherfoye, and myntes, stampe them and dzynke the ioyce warme in wyne, and it wyll sley them, and dzynge them out.

For the syze a medicyne.

Take the kernels of great raysons, & dzye them & make powder of thē, & medle them with the best red wyne that thou canst get, & dzynke therof al-way when ỹ dzynkest & thou shall soone be hole.

For a mannes foundament that goeth out.

Take the red Netell croppes, and bzaye them small in a mozter, & do them in an erthen pot and do therto a good pozcyon of whyte wyne, & sethe them wel togyther to the halfe dele/ and gyue the syeke therof to dzynk fyzst and last warme and lay the substance of the herbe to the foundamente, as hote as he maye suffer it, and let hym vse this me-dicyne tyll he be hole.

For wormes in the wombe.

Take Betayne Sauayne, and drye them, and make powder therof, & let the sycke drynke therof in fayre hote water or in mylke, & as soone as it is in the stomacke it wyll slee ỳ wormes, & dryngе them out on warantys, for this hath ben proued.

Medycynes for the Emerodes.

¶ Take a stole with a sege, & let be it closed to the grounde, and then take a pan with charcoole and set it vnder the stole, and as hote as ye maye suffer it set you theron, and take frankēlence, & knocke it into powder, and cast in it a good quantite ther of into the fyer, and sytte you on the seege as close as ye can, and when the smoke is goone caste in more powder in the fyer and syt theron whyle ye maye.

An other for the same.

Take an Onyon, and cutte the top of the brede of a penye, or two pence or more as the Onyon is of greatnesse and put out all the herte therof, & then take powder of peper, and put therin a good quantite, and set on the toppe agayne, and take a great lynnen clothe & wete it in water, & wryngе it well with your hande, & then lappe the Onyon therin and laye it in the fyer tyll it be rosted softe, and then take it out, and put the clothe awaye and laye it on a nother clothe to your tuell as hote as ye maye, and when it is colde laye to an other and so haue them redy alwaye: fyue or syxe or as many as ye wyll.

Another

An other for the same.

¶ Take Egges, and rost them herde, & laye them to youre tuell, and when it is colde, take an other as ye do by the Onyons, and yf ye wyll put verde-greace in your onions some men cal it better then Peper, and ye wyll cleue your egges, and take out the yolke, & put verdegreace therin as hote as ye may suffer it, laye it vp the verdegreace to the sore

An other for the same.

¶ Also take greace of netes feete, and a lytel hertes suet, and anoynt the sore wel therwith, & then take a tilestone, and hete it in the fyer and as hote as ye may syt theron, and yf ye haue no tylestone, take a skole and hete it hoote, and yf it blede take a lytell boole armonyacke, and put to greace & suet and vse them togyther.

Another for the same.

¶ Also take gumme that comes of an Iuy tree, & anoynte the sore well therwith, and take a tylestone or a skoole as I sayde before, and yf ye blede take a good quantite of Mouseere, and a parte of Betayne, and stampe them togyther, and drynke the ioyce therof with a lytell alde ale thre mornynges or foure fyrst and laste.

An other for the Emerodes proued.

¶ Fyrst take a good quantyte of cordeners patches and bren them on a tylestoone as lytell as ye can so that powder maye be made therof, & a lytle quantite of Alom, and bren it in lykewyse & make powder therof, and blende them togyther, & put therto the lycoure of a swynes gall, & of a brence

swyne is best, and yf the gall be dryed vp for long keppynge then laye it in fayre water al nyght, and it wyll relete agayne into the ruddye lycoure and yf ye can get no swynes gall then take oyle that coryers dyght there lether with: and blende it to your poudet so that it be somwhat standyng lyke a playster/ and yf ye thynke it byte to sore take lycoure, and lesse Alume, and yf ye thynke it byte not sore ynough/then take more Alum therto/ & when this medicyn is thus made anoynte the sore therwith/ & yf there be any pappes compnge out of the tuell when the sore is anoynted, take a pece of the skyn of the gall/ and laye the inner syde of the skynne vpon the pappes, and it shal ease them greatly: & yf the sore be within the tuell take and anoynt it wtin with your fynger as far as ye may.

For an impostume in the body.

Take centory, rosemary, wormwoode/horehowne, and make it in a syrope with whyte wyne and let the sycke take therof: and it shall cause the postume go downe: & when it is broken let hym vse to drynke of the same syrope warme.

For to destroy an Impostum or skytch in what place it be of man or woman.

Take the roote of Holyhoche & washe it clene and sethe it tyll it be tender/ and then put out the water in to a vessell, and then take Lynseede and fenereke/ of euery lyke moch: and that thou haue as moch of them two as of the rote that is sodden & then sethe them in the same water/ tyll it rope as it were byrde lyme: & then stampe the rote and

then

then do therto Barlye meale and medle them wel togyther: and then frye them with bores greace, and laye it to the sore lyke a playster, as hote as ye maye suffer it: within. ix. dayes and he shalbe hole on warrantyse.

A playster for an Impostume.

Take the rote of cheneryll, & the rote of whyte Malowe and yolkes of egges/ and the olde smere the whiche malowe shall be sodden, & then stampe them all togyther/ and laye it to the Impostume.

An other playster for an Impostume of the pappe or any other lymme.

Take Lynseede and sethe it in water tyll it be brosten & take shepes talowe and welle them with swete mylke, and laye it therto.

An other for the same.

Take morall and the whyte of an egge & beane meale, and myngle them togyther, and laye it on the pappe all colde.

For an Impostume in a mannes bodye.

Let hym drynke Turmentyne.

¶ Here after foloweth dyuers good medycyns for the morfewe.

A man shall fyrst take water of Borage and water of fimitory medled togyther by euen porcions and let the seke drynke it at morowe and at euen/ and he shall be hole within. xiiij. dayes.

An other for the same.

Take mustarde seede and salte, & stampe them together and temper them with byneger, and anoynte the morfewe therewith.

Another

An other for the same.

¶ Take the rote of the red Docke, & pycke awaye the vttermooste blacke, and then stampe it with Salte and temper them with Vyneger, & anoynte the Morphewe therwith.

An other for the same.

Take blacke sope and Vyneger & whyte brymstone, of eyther of these lyke moche, and myngle them together, & anoynt the morkewe therwith.

An other for the same.

Take grene Coperas and put it in clene water/ and let it stande a daye, and then clense the water, and then anoynt the morkewe with the water.

An other for the same.

Take fymytory, and make water therof, and anoynt the body therwith.

An other for the same.

Take Brymstone, and grynde it/ and put it in a lytle lynnen clothe two folde, and bynde it faste therin/ and wete it in Vineger, and anoynte the Morphewe therwith.

An other for the same.

Take blacke soope in a clene clothe/ & put it in yelowe pysse, & then anoynt the morkew therwith

¶ An other for the same.

Let them drynke early at morowe, and late at euen water of Borage, and of femytory medled together by euen porcion, and within. xiiii. dayes they shall be hole.

For the Morkewe be it whyte or blacke.

Take an vnce of fyne berdegreace, and an vnce

of

of Sulphur, and make them bothe in smal pouder and take two shepe heedes that are fatte / and flee them, and cleue them, and take out the brayne, and cast it away, and then washe them clene, and sethe them tyll they be tender, and thē take them downe of the fyre, and let it stand styll vntyll on the nexte morowe, and then gather of clene all the greace / and medle it with the pouder / and then put it in a boxe, and let it come nere no fyre after thou hast done them togyther, but worke them alway colde and that wyll heale the Morfewe be it whyte, or blacke: and anoynt the sycke therwith agaynst the fyre euery nyght when he shall go to bedde, and in the morynynge washe it away with Vineger: and vse this medycyn tyll he be hole.

Medycyns for payne in the backe.

TAke the roote of Auence / and lycorice / and boyle them well al togyther in whyte wyne from a potell vnto a pynte. And take you an vnce of pouder of Canel, & halfe an vnce of pouder of galyngale / & medle all these well togyther / and gyue the sycke to drynke euery day at morne / and at euen two sponefull / and then anoynt hym well agaynste the fyre with oyle Benedicam / and take Annys sede & stepe it well in fyne vineger al a day & a nyght, & then take vp the annys, and drye it in the wynde, and cast away the vineger, and let the seke eate the sede, for it is a pryncypall medycyn.

An other for the same.

TTake smallage / eyrymounde / and mouseere / & stampe them all togyther, & washe them wel fyrst, and

and temper them with vineger, & then frye them well in bores greace, and make a playster and as hote as the lycke maye suffer laye it there as the ache is/and it shall heale hym.

An other for the same.

Take Lylly rootes, Camamell, & Annes seede/ and stampe them all togyther / & frye it in bores greace and put a lytle whyte wyne therto, and in maner of a playster laye it on a clothe, & bynde it fast to the backe or raynes warme, and after thre or foure dayes remoue it, & yf nede be remoue it agayne. Medicynes for a mormall.

Take Brome/and beate it to powder, & tempre the powder with oyle made of Myntes: & a lytle vyneger therwith and anoynt the sore or els take great walnuttes as they growe the huskes and al and braye them togyther in a morter, and temper it with oyle Olyue/and frye it in a pan, & put to the fryeng a quantite of pytche/ & temper it with that through a lynnen clothe/& therwith anoynt the sore, and lay planteyn leaues aboue the backe towarde the sore euery mornynge washe the sore with mader water.

An other for the same.

Take Grene walnuttes Huske / and to braye them small in a morter, & put therto a lytle blacke pytche, and braye them all togyther, and after do therto a lytle quycke syluer, & braye them well togyther and temper them with oyle of Olyue, and then frye them well togyther, & make therof an oyntment, and anoynt the sore therwith and laye

theron

theron a waybrede leafe the blacke syde towarde the sore, & euery mornynge wasshe the sore with Mader water.

For to heale a marmoll, or a Canker.

Take a pynt of pured hony/that is to say, take waxe in the combes, and breake it in a sefe ouer abasyn pot and that hony that renneth throughe the sefe is pured honye, and a quarte of rennynge spryngynge water, and a great quantyte of sage: and sethe all togyther as well as thou canste, and wasshe the wounde with the lycoure, and laye the Sage leafe on the wounde.

Medicynes for the menasone.

¶ Yf ye haue the Menasoone, take cresses & eate them thre dayes, and drynk therto lowe wyne, or water/and yf ye cast it out ye shall heale well.

An other for the same.

¶ Take Vyrgyn waxe and sethe it in the whyte of an Egge and eate it all hote, and it strayneth the foundement.

An other for the same

Take a newe pot, & do it full of wheate flowre and do it in a hote ouen, and let it bake as longe as bread doeth, take of the flowre a measure of a cuppe and take thre henne egges yolkes, and the ioyce of Myntes of bothe lyke moche/and bake it and eate therof, but not ouer moche.

Amedicyne for the Jaundes.

¶ Take the yolke of an egge, and do awaye al the whyte & do the powder of Sasun whē it is bulted & mengle a lytle with the yolke in the shell & roste

it herde and gyue the sycke to eate longe before his meate / and do so often tymes yf the sycknesse haue ben longe vpon hym.

An other for the same.

Take arkeaungell/ and Elenacampana, of yche herbe by hym selfe one vnce, take an halfepenye worthe of Salfrone/ and boyle it in a pot with a quarte of whyte wyne of rochell/ & boyle it tyll it come to a pynte, & then clense it through a clothe, in to a clene pot of earth, and kepe it a daye and a nyght and take foure sponefull at ones, fyrste at morne, and last at euen. ix. dayes vse it.

An other for the same.

Take whyte Spanysshe sope, and a lytle stale ale in a cup, & rub the sope agaynst the cuppes bo-tom tyll that the ale be whyte then shaue in a hal-peny weyght of euerye and let the sycke drynke it at morne, & last at euen tyll he be hole, it hath ben proued, and founde trewe.

Medicynes for a tetter.

Take straubery leues, & grounde Iuy, & stampe them togyther/then take shepes talowe, and frye them togyther wel, then take a clothe and strayne it, and anoynt the sore therwith.

An other for the same.

Take strawe of Otes, and bren it/then take the asshes therof / and put it on the place that wate-reth, and it shall heale it.

¶ Here foloweth dyuers good medicines for the Feuers, and for the hote Guyll, and fyrst for the Feuer quartayne.

Take

TAke a handefull of perſley, and a pounde of Comine, and fyue quarters of wine, & ſethe all togyther, tyll the halfe dele, & then gyue hym to dꝛynke that is ſycke at moꝛne colde and at euen hote/and it wyll heale hym.

A medicyne foꝛ the hote euyll.

¶ Dꝛynke Marygoldes, and Saffron, & ſtale ale, within the thyꝛde houre, that is comyne vpon a body/but dꝛynke no moꝛe therof after the thyꝛde houre is paſſed howe ſo euer ye do.

Foꝛ to make a dꝛynke foꝛ all feuers Poꝛ-
ſtemes oꝛ any other ſyckeneſſe
in mannes bodye.

Take euery daye of the powder befoꝛe ſayde foꝛ the dꝛopſye in the wombe/and take Ylope / roſe-mary/ Vyolet, Veruayne, Betayne herbe Johñ Mouſeere, Marygoldes, planten, Auence/ Sage, Fetherfewe/ & of ych a handefull, & waſche them well, and ſtampe them a lytell/and do them in an earthen pot/and do therto a galõ of whyte wyne, and let it ſtande all nyght well couered / and on the moꝛowe ſethe it in a potell/and let it ren thoꝛowe a clothe/ & do it in a clene veſſell / and couer it well & vſe therof. iꝛ. dayes at euery tyme halfe a pynt at euen hote, and in the moꝛnyng colde, who ſoeuer vſe this medicyne ſhal be hole of all maner of theſe afoꝛſayd ſyckneſſe by the grace of God ſo ſayeth Ypocras the Philoſopher.

Foꝛ the Feuer quartayne.

¶ Take thꝛe ſedes of myꝛe befoꝛe the axes come/ & it ſhal remoue certayne houres oꝛ take a garlyk

heade

heed & the rotes of radysche, thre peper cornes, and stampe them and temper the with wyne, & drynke them: and let the blood in the bayne of the wylte or make the hote by the fyre, and let the blood vnder the shulder, and thou shalte be hole.

For the feuer Cotydyan.

¶ Stampe the seed of ache, & when thou kelest the axes come, drynke it with foure sponefull of colde water, or drynke of the ioyce of fetherfew, & smallage with water a good qnantite or the axes come and they shal forsake the within thre drynkynges

For the feuer tercyan.

¶ Take the ioyse of plantane, and temper it with wyne, or with foure sponefull of water / & drynke a lytle before the axes come, & lay the to slepe / and couer the warme, or take the lesse Sperwort, and Betayne, & tempre the ioyce therwith, with wyne or water, & drynke a cupfull before the axes come, and this wyll swage the coldnes.

¶ An other for the same.

Take betayn, ambrose, horsehoue, solsequium, sanlay, mugwort, wormewood, rewe, saupne, of yche a handfull, & sethe them in water or wyne to the thyrde parte, but let the seconde be of wyne, & the thyrde water, and drynke a cupfull or the axes come, and a none it shall passe away. Or take the mylke of a gote, & sethe therin the sede of blanscok to the thyrd parte be wasted & drynke it iiii. dayes at euen and morne, for it destroyeth all feuers.

An other for the same.

¶ Take a good handfull of wormwood / & grynde

it

it as small as grenesauce, and put therin browne breade, and powder of Comyne & tempre it with Asell made thycke as grene sauce, and when thou felest the axes come go to thy naked bed / & make the ryght warme and laye it to thy stomacke, and lay lether nexte vnto the playster to holde in the ioyce, and bynde it fast to the with a towell tyll it be colde, and then laye to a newe as hoote as thou mayste suffer, and whyle the axes dureth do so and it shall heale the. Another for the same.

Take Vrtica greca Planten, Dandelyon, myntes, wormwood, Smalage, of yche a handful and boyle them in a galon of water, vnto a potel, and then set it downe to cleare, and drynke the fyrste daye. ix. sponefull, the seconde daye. viij. & so euery day a sponefull lesse tyll ye come to one daye one sponefull but drynke not tyll the axes come or be gynge to come, and within. ix. dayes it shall goo awaye for this hath ben often tymes proued.

For a feuer tercian.

¶ Feuer tercian is ingēdred of great aboundāce of red colour, roted in the body as it is proued of wyse men, and yf ye wyll be cured therof lyghlye take quintacenus & yf ye haue not it, take good Aqua vite and put therto a lytle rubarde or newe ale or some other thynges good to pourge red colour & put therin the ioyce of Dandelion and vse to drynke these waters both at morne, & at euen, and without doute ye shall be hole lyghtly.

For a feuer cotidyan.

¶ A feuer cotidian al maysters accordeth that he

is engendred of a greate rottyn flewme/ & of this aboundaunce he is colde and moyste for it / take Quintacienya/ & yf ye lacke it take Aqua vite / & put it in a lytle Enfoxby/ or powder of elder flowers or of some other that pourgeth flewme, & vse ts take this morne, & at euen: & ye shall be hole

An other for the same.

¶ Take one galon of whaye, & sethe it to a pottel then take a handefull of Borage / a handefull of longedebeke halfe a hãdefull of Dandelyon a hand full of Sorell, and sethe all togyther to the quantyte of a potel then strayne it, & sette it on the fyre agayne, & lette it sethe, & in the sethynge clarifye it with the whyte of an Egge, & when it is sodden and clarifyed scome it clene, & put it in a earthen pot stopped: and vse to dzynke it luke warme, and it wyll helpe you.

An other medicyn for the same.

Take a pottell of mylke, and a saucerful of Wer iuce, & fayre water, and when the mylke is somwhat warme put it in the veriuce, and water & it wyll ware to a curde which put awaye, & kepe the whey thẽ take a handfull of borage, Lõdete & sorel

An other for the same.

Who so dzynketh the ioyce of betayne an vnce and the ioyce of Plantayne well medled togyther he shall be safe for the feuer tercian, & he be neuer so seke. Also it is good for wormes in the wombe.

¶ Nowe it is to tell of dyuers medices for the canker and Fester.

Take

TAke Mastyke, Reckles galyngale / Spygnarde, Gelifer, Canell, and a pece of wollen clothe and bren of yche one vnce, and make powder, and do therof in thy mouthe, and wasshe thy mouthe when thou wyll speake with whyte wyne or waye breade ioyce and scommed Honye.

An other for the same.

¶ Take.viij.or.ix.leaues of sage, & stampe them with a lytle salte, & Asell and make a playster and laye therto.

For a Canker in a womans pappe.

¶ Take wormwoode, and the whyte of an Egge and scome it, and dystemper it with oyle of violet & let her bloode on the vaynes about the pappe.

A playster for the Canker.

Take Lyme in his vertue that is not quenched and blacke Peper, & Orpyment and stronge Asell and rewe, Hony, & Barly meale euenly, and boyle them in a newe pot tyll a man maye make powder of them that powder is good for to sley bothe the Canker, and fester.

An other for the same.

¶ Take leane Bacon, and bren it and do it in to the sore, for it is good for the goute fester.

For the Canker in the pappe.

Take fen of a Geyte, & ioyce of Celodyne, and blende them togyther, and do it to the sore.

For the Canker.

Take one pounde of byrgyn waxe, & a pounde of barowes greace molten togyder & halfe a pound

of pured frankencense an vnce of mastyke, halfe a pounde of spanysshe Coode, a pounde of stoone pytche foure penye weyght of verdegreace, take all these thynges and breake them small, and put them in a fayre pan, and set them on the fyre/ and melte thē togyther then powder thy verdegrece/ and put it in and alwaye styrre it fast, for cleuyng to the botom then take it downe, & let it kele tyll thou mayste strayne it, but afore let wete the pannes botom for cleuyuge to and when it wareth colde scomme awaye the fome aboue.

An other for the same.

¶ Take newe freshe Chese, and take small powder of Rysalger, and medle it with lyke Hony and spreede it vpon the Chese and take womans mylke that is newe mylked, and with a fether anoynte it aboue, and lay it to the sore when thou goest to bedde, and yf there be any Canker therin he wyll come out and eate therof, & anone he shall be dead for this hath ben proued, and founde trewe.

To sley the canker within a mannes bodye.

Take the roote of Dragons / and breake it in small peces, and drye it, and make it in powder, & take.ix. peny weyght of the powder and put it in wyne, and sethe it well, & then let the sycke drynk therof warme fastynge thre dayes, and he shall be hole, and neuer haue it on warrantyes.

For baynes broken within a mannes bodye.

¶ Take Haueron, and Rewe, and stampe them togyther

togyther, and mengle the ioyce with stale ale, and gyue it the paeyent to dzynke.

An other foz the same.

Take flowze of roses, and Barley, and make a playster and bynde to the fozeheade, & to the two handes, and bynde the knees aboue and benethe and the elbowes aboue, and benethe, and let hym bloode at the one arme.

An other foz the same.

¶ Take Bursa pastozes, and frette it well in thy handes, and holde it to theyz nose.

Foz bolnynge of a bayne.

Take wheate flower, the ioyce of Ache, & tallowe and make a playster therof.

An other foz the same.

Also take wheate flower and Hony/ and make a playster therof.

An other foz the same.

¶ Also sethe in water ground beanes, and shepes talowe, and make a playster therof.

Foz a bayne that is bzoken in two.

¶ Take bloode and blende it with Oyle, & smere the arme oz the stede that is bzoken, and bynde the bayne that is bzoken.

Foz baynes, and synowes bzoken.

¶ Take Oreluen, and Lynseed, and the flower of the whyte Malowe, and the rootes of the Lylye/ and frye all togither in greace, oz in swete mylke, and make a playster therof and it shall swage the anguysshe, saynte Cutbertes playster is good foz the soze, and sterkenesse of synowes.

An other for the same.

Take the mylke of a kowe, that is of one colour and the ioyce of Smalage, & clene wheate flower and sethe them well, and lay to the legge or arme for starkenesse of the synowe.

To staunche bloode when a mayster vayne is cut.

¶ Take a pece of salte Beke, the fat, and the leane togyther asmoche as thou thynkest wyll go in to the wounde, and laye it on the hote coles, and let it rost there tyll it be throughe hoote, and all hote put in the wounde and bynde it faste, and it shall staunche anone.

For to make a playster of herbes, for ioyntes that are synowe sprynt.

¶ Take grounde Iue, Bocklem & Syncon and the croppes of Petymorel, & croppes of the herbe benet of yche of all these lyke moche, and washe them clene, and stampe them, and boyle them in a pan ouer the fyre well, and as hoote as the sycke maye suffer it, and so laye it to the sore, and it shal cease the akynge, & do away the sore and swellyng

¶ Here foloweth dyuers good medicynes for the ache or swellynge in the, feete or armes, and fyrst for the legges or the feete.

TAke Otmeale, and mylke of a kowe, & put therto the ioyce of Sengren, and shepes talowe/ and let them boyle togyther tyll it be thycke, and make a playster therof, and laye it aboute the sore and that shall cease the akynge/ and put awaye the swellynge of the same.

For

For all maner of ache.

Take sage, rewe, wormewood, lorell leaues/ horsehunde, red-nettels, and stampe them all togyther, & medle them with may butter, and let it stande so ten dayes, and after frye them, & strayne them clene, and then melte therwith Encens, and this serueth for all maner of aches.

For ache in the legges or arme.

Take Rew, brosworte, and rotes of smallage of yche lyke moche, & stampe them as smal as thou mayest/ then put therto thre yolkes of egges/ and a good quantyte of hony/ & a peny worthe of kydlope, & a lytle salte, & stampe them togyther with herbes & al, & medle them with wheate floure/ tyl it be thycke to one plaster/ then lay it on a wollen clothe as large as the sore is, & warme it agaynste the fyre tyll the colde be oute, then bynde it to the sore, & let it lye therto a daye & an halfe, & remoue it in no wyse yf ye wyll be hole, for he shall suffer payne tyll two playsters haue ouercome the ache/ and when it is taken of, shaue the playster clene/ and lay one freshe on the same clothe, and let it be therto a nyght & a day: do thus thre tymes/ and it shal be hole yf it be curable/ & anoynt it after with ioyce of plātayne tyl the skyn be hole, or els with cattes greace or dogges greace.

A salue that is bothe a clenser and a healer of woūdes/ & wyll cease the akyng therof.

Take the ioyce of smallage/ of petymorell, and of plantayne yche lyke moche, and take lyte hony and the whyte of an Egge/ and euery deale of the

same

same porcyō rycht as thou doeſt of the ioyce, take as moche ioyce as wyll in the ſhell of an egge of one herbe is ynoughe/ and then medle it all togyther and do therto bulted flower of wheate / and alwayes ſtyrre it faſte tyll that the flower / and al the other thynges be medled togyther / and make it alſo thycke as it were pappe / and loke it come nere no fyre by no waye but take all colde, and lay it to the ſooze/ and vſe this ſalue tyll the wounde be fayre brought into his owne kynde agayne for it doth clenſe and heale.

For an open wounde that wyll not ceaſe akyng ¶ Take Egrymounde / and ſtampe it ſmall and temper it with lyke Hony / that it be well moyſted and then laye it in to the wounde, and it ſhal ceaſe of akynge within halfe an houre/ & rycht ſo wyll Bugle/ and hony do the ſame / for bothe hath ben proued. An other for the ſame.

Take Bzome/ & Neppe / & ſtampe them togyther & temper it wᵗ wine/ & gyue the ſore man it to drynke hote/ and it doth awaye the akyng therof

For akynge or ſwellynge in the eyes.

Take the rote of walwozte/ and ſethe it in water but do away the ouermooſt rynde therof/ and take the mydle therof/ & ſtampe it and frye it with hozes greace/ and make therof a playſter / and all hote lappe it all hote aboute the ſwellynge.

For akynge or ſwellynge in the knees.

¶ Take Rewe/ & Lenage / and ſtampe them well togyder/ & medle therwith a porcyon of hony, and frye them togyther in a pan / & laye that playſter

to

to the soze all warme/and it shall cease the akyng and swellynge.

For all maner of akynges of strokes/of woundes: or of any other maner of soze.

¶ Take rote of Holyhocke & sethe it well tyll it be tender & then grynde it in a mozter & then doo therto a good quantite of wheate floure & medle them well togither & then frye them vp with oyle of Olyue, and as hote as he maye suffer laye this playster to the soze, and it shall cease the akynge.

For akynge in the brest.

Take Mogwozte, & stampe it with olde swynes greace and tempze it with Asell, and make therof a playster, and put to the soze.

An other for the same.

¶ Take Docke rotes, and stampe them / and frye them in olde swynes greace & make therof a playster, and laye to the wzestes and it shall do awaye the akynge.

Here folowth dyuers good medicynes for the Pestilence.

TAke a good handefull of rootes, otherwyse called marygoldes a handeful of Scalions, asmoche of madynheere, & dytaunder halfe a handefull of Pympernell of synkefoyle/& of fetherfoy.ir. croppes of Tansaye, & take therto halfe a quarterō of Bolhermonyake, and an vnce Brymstone & breake to small powder, then bruse alytle thyn herbes and put them in a stillatozye & myngle ꝑ said powder amonge the herbes all togy ther in the stillatozye, & or they begyn to stylle take

halfe

halfe a quarteron of Treacle, and spryng amonge them & so persourme this stylynge. &c. Then take the water aboue sayde to a bodye hauynge botche and purples, and it shall heale hym.

Another for the same.

Take herba Benedicta, gratia dei, and Scabi-ous, and styll these thre & take the water of them and gyue it to a body hauynge the forsayde sycke-nesse and it shall congyle the bloode, to restore a-gayne to his owne nature.

An other for the same.

Take Marselon, Betayne / and the rootes of Turmentene, & grynde them to powder, & drynke them in ale, & the kynde of them were to be dryed in the sonne for then they wolde grynde best, and this wyll saue his lyke yf the spottes were broken out on hym.

An other for the same.

Take thre sponefull of bineger, & syre of fayre water, and as moche Treacle, as a Damsen/or a Plume, & put all these togyther, and medle them togyther, and then put it ouer the fyre tyll it be warme and let the paeient that is desealed drynke it and then walke the space of a myle.

An other for the same.

Take tansaye, and fetherfoye, Columbyne and Sage of yche a handfull / and stampe them / and drynke the ioyce with treacle.

¶ Here foloweth dyuers good medicynes for botches, byles & olde sores, & fyst for botches & for olde sores.

Take

TAke a pounde of byrgyn waxe: and a poūde of frankensēce, and a vnce of Mastike halfe a pounde of Spanysshe Coode/ & a pounde of stoone Pytche and foure penye weyght of Verdegrece / take all these forsayde thynges / and breake them small & put them in a fayre pan/ and set them ouer the fyre, and melte them togyther, and when they be molten powder the Verdegreace, and do it in, and euer styrre it well for cleuynge to the botom, and then take it downe, and lette it kele tyll thou mayste strayne it/ and when thou straynest it wete the panne/ that it may lose the better fro the panne, and whē it waxeth colde with a feder scome awaye the fome of it aboue.

To bryng a botch out of one place in to another.

¶ Take Oculus or Veruayne, and stampe it and laye it two fynger brede, fro the botche, & it wyll folowe after, and when it is remoued then laye on newe to it ouer two fyngers brede thence, and do so tyll it be remoued to the place that ẏ wylte haue it.

A playster for byles.

Take Cyncon, fengreke, & Melicolum & Lynseede, Myntes of yche lyke moche, and sethe them well in clene water, & make a playster therof/ and laye it to the byle, and it wyll make it rotten.

Take the Rose, and leues of strauberys, and let it be beaten in a morter, and let the sycke man drynke the ioyce, and it shall dryue out the botche on warrantyse.

For to make a byle breake and rot also.

¶ Take galbanū and clense it at the fyre / & make a playster therof / and lay it to the byle two dayes without any remouyng / and do so tyll it breake / for it myll bothe breake it / and heale it fayre.

For a byle that is rotten, & not broken.

Take rosted chese, and bores greace that is not molten, and stampe them well togyther, and then frye them a lytle / & make a playster / and lay it to the byle as hote as he may suffer it, and at the furthest it shal breake within foure dayes, with foure playsters on warrantyse.

A playster for to rot a byle.

Take Cyncon and fyngre, and milyboye, and lynsede, and myntes, of yche lyke moche, and sethe them well in water, and make a playster therof / & lay it to the sore byle, and it wyll make it to rot.

To breke a byle or felon without lauchyng.

Take angulpertys and the reed docke rootes / and lyly rootes, yche lyke moche, and roost them / and grynde them in a morter, and do therto bores greace, and frye them all togyther, & make a playster therof, and laye it to the byle all warme and it shal breake within .v. dayes, and syxe playsters.

For a botche.

Take crowfoote, whyles the byle is waryngе and stampe it, and take it & wryngе oute the ioyce therof, & yf thou wylt haue the byle remoued, laye it in another place by, & it shall remoue the sore to the same place, & yf thou laye the drake & the ioyce bothe in a nutshell, lay it there thou wylte haue it

breake

breake, but let it not come nere the swellyng then it was afore, and so thou mayste remoue a byle whyther thou wylte, and when tyme cometh to heale it vp, take waybreade, and the whyte of an egge and Hony, and clene wheate flower, & medle it well togither, and then make therof a playster, and that wyll heale it vp.

For to bringe out a botche.

¶ Take the rote, and the leaues of Strawberye, and grynde them small, & let the sycke man drynk therof that hathe a botche and it shall dryue out the botche on warrantyse.

¶ Here foloweth dyuers good medicynes for scabbed legges or any other place of mannes body, and fyrst of a mannes body.

Sethe Horhonde, Celondine, wormwood, Sorell, Hayes, Elenacampana, in fayre renning water of yche lyke moche, and sethe them tyll halfe be wasted, & washe therwith the sycke well warme euerye daye tyll he be hole.

To do awaye scabbes,

¶ Take the red docke rotes, and pympernell and scabyous Sorell of boyle, & Celõdyne and stampe them, & temper them with maye butter, then frye them wel togider, & strayne them into a clene vessell/ & cast therto a good quantite of Brymstoone powder and then styrre it well tyll it be colde, and therwith anoynt the syeke tyll he be hole.

For scabbed legges that ake and brenn.

¶ Take Marygoldes pety Morell or plantayne,

of

of yche lyke moche, and stampe them small, and straine out the ioyce therof clene, & playster the sore with the ioyce, and lynnen clothes, and vse it alwayes tyll he be hole.

For all maner of Scabbes or ytchynges.

¶ Take Onyons, and mynce them, and then seth them in water or in Vyneger, and then washe therwith the greuance, and it shall do awaye the Scabbes on the heade, and of all other membres.

For a dyre Scabbe.

Take the ioyce of mozell, with Oyle of Roses, or of violettes, and anoynt the scabbes therwith.

For pulses, byles, and ytchynge.

Take the rote of the sharpe leued docke or of the rounde docke stampe it in a morter, and temper it with sharpe vineger, and make an oyntment ther of, and anoynt the greuaunce therwith.

For legges that are broken out.

Take whyte Malowes, and bren them, & take the ashes that come therof, and bores greace togi-ther, and stampe them, and then anoynt therwith well thy legges, and also take of the same ashes/ and make therof ley and washe thy legges therin or that thou anoynt the.

An other for the same.

¶ Take the red Docke rote, and the rote of Sela den, and the rote of wormwoode, and the leaues of the Lorere, and maye butter, and stampe them/ and sethe them with the butter, and wrynge it through a clothe and do it in a bore, and smeare the Scabbes therwith.

Another

An other for the same.

Take the rotes of Elenacampana, and washe them clene in a fayre water, and sethe them as ye sethe Parsneppes, and then make them clene / and cut them in pecys / and knocke them smal with coltes greace / and smere the sore therwith.

An other medicyn for the same.

¶ Take Brymstoone, and quycke Syluer / whyte Leade / the ioyce of Celodyne / Aruemente fresshe greace / and the ioyce of herbe Benet / and smeare the sore ther with.

¶ Here folowyth dyuers good medicynes for scalles / and to haue awaye vermen and fyrst for Scalles.

TAke pytche, & clene ware / of iche lyke moch and boyle them well togyther ouer ỹ fyre / & when it is well medled togither / then put therin a good quantite of the ioyce of Rew and medle them well togyther / and take a lynnen clothe / and make theron a playster / & laye it faste vpon the sore welles but se the heade be shauen afore and let it lye so thre dayes / and thre nyghtes and the thyrde daye when it is moofte colde drawe it sodenly away or he be ware / & after take hony / and the ioyce of hony sucles that groweth on the woodbynde / and temper them wel togyther / and anoynt thy heade well therwith / and that shall make the here ware & yf thou maye haue no hony sucles / take then asshes of Otestrawe in the stede therof but the Honye sucles is moche better yf a man haue them.

Another

An other for the same

¶ Walshe thy heade/and shaue it clene, and take pytche, and bysgyn waxe, and frye them togyder/ and laye it to the heade hote/& let it lye.iy. dayes without remouynge.

An other for the same.

Take Rye meale, and water, and make it standynge as a playster, and laye it on the heade, and let it lye thre dayes, & after that walshe the heade tyll thou mayest se nought but the red flesshe, and take smeare, and the ioyce of Calamynte, and frye it in whyte greace, and smere the heade often ther with.

An other for the same.

Take, Garlyke, Peper, Salte and of Souters waxe, and make a playster therof.

For to do awaye lyce or nyttes.

Take an vnce of Groundynges of Oyle olyue and two vnces of the groundynges of Renysshe wyne, and an vnce of Aruement, and medle all together, and smere the body therwith.

An other for the same.

¶ Take an vnce of olde smere of a wylde Swyne and the ioyce of rewe, two peny weyght & a halfe peny weyght of quycke Syluer, and halfe an vnce of quycke Brymstone/an vnce of groundes of renysshe wyne, an vnce of Aruement, and do all together and smere thy body therwith.

For the Palsey.

Take red fenell perley, Sauayne, Lorell leues of euery of these a handefull, halfe a handefull of

whyte

whyte Malowes, & another of radysshe, another of Auẽce, two hãdefull of Pympnole leues a handefull of Lauender, a handfull of Ysope, a handefull of Borage, & a handefull of croppes of red Netell and two handefull of hertestonge two handefull of Solsequium, halfe a handefull of byolettes, a handefull of water Cresses, and asmoche of Sage as of halfe all the other Herbes, amounteth by weyght, and then let washe thyne Herbes clene and stampe them, & do them in a newe earthen pot and do therto a galon of fyne red wyne, & thre potels of fayre spryngynge water, & a potell of lyke hony, and let all these sethe togyder tyl they come to a galon and then take it downe of the fyre, and strayne it through a strayner, and do it in a fayre vessell, & couer it very well, & let the sycke drynke fyrst at euen hote, & at morne colde tyll he be hole.

An other for the same.

¶ Take Pellatory, of Spayne, herbe benet, Annes, Persley, Galyngale, Cloues, Nutmegges, Sage, Rewe, Stannach, Maces, frenche Seene the seede of an herbe called Castore, longe Peper, of eyche lyke moche a vnce more or lesse as ꝑ wylte make them all to powder & saue them clene, and eate of the powder halfe a sponeful with thy pottage eate euery mele euery daye duryng thy lyfe & washe thy necke & thy handes/ & all thy ioyntes in Aqua vite, & euery thyrde daye drynke a sponefull of Aqua vite after thy meate.

For the dropsye.

¶ Take water Cresses, and put awaye the whyte

in the rotes/and the flowres in the toppe & wasshe
them clene/and let them lye tyll the water be ren
out of them/and then braye them in a morter and
straygne them in a lynnen clothe the mountenaūce
of a galon/and then boyle it and scome it clene/
tyll it be wasted to a potell/for then it wyll be
clene/and fayre and when it is colde then take a
pynte of Hony/and put therto and styrre them
well togyther/and scomme them well/& then
take all hote put that lycoure in a pot well
stopped that no breth enter out/& when
it is colde drynke therof euery daye/
morowe and euen, a good draught
and after yt nede be/and yf it be
bled the dropsye wyll drawe
in the legges, and then
get thy selfe an
issue, and so thou mayest be eased.

FINIS.

Prynted at London in Paules churche
yearde, at the sygne of the Maydens
heade: by Thomas Petyt.
M.D.and.xl.